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Stewed Raisins

Cover one-half package of Sun-Maid Raisins with cold water and soak over night. In the morning add a slice of lemon or orange. Place on the fire in the same water in which they have been soaked and allow to cook slowly for thirty minutes. Sugar may be added, but it is not necessary, as Sun-Maid Raisins contain natural fruit sugar. Serve with or without cream

"A Beauty Sleep"—and then "A Beauty Breakfast" Try it for 30 days—to prove

This is what thousands do at the direction of experts to win back the healthful rose tint to pale cheeks.

They take regular exercise, sleep regular hours, and then start breakfast with stewed raisins.

The raisins are plump, delicious fruit-meats stewed so the juice forms a luscious sauce. Note recipe printed on this page. A more alluring fruit dish never has been served in any home —nor any other food that's more effective in this way.

You'll serve stewed raisins every morning when you know the good they do.

Luscious nuggets of food-iron

Raisins are nuggets of food-iron—and food-iron is an essential to good blood.

Get what you need of it each day, and an incomparable, natural rose tint on the cheeks is the reward—nature's irresistible attraction—the good looks of good health. No need to imitate with rouge when nature thus provides.

Youthfulness is the real beauty, as every woman knows. And good blood is the first consideration. Women of fifty often look but thirty if that natural rose tint is still there.

Stewed raisins are mildly laxative also. Those who eat them regularly are apt to have the clear, white skin that sets the color off—unmarred by blemishes or sallowness.

So this simple but effective food is one of the most important that any woman ever used.

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* * * *

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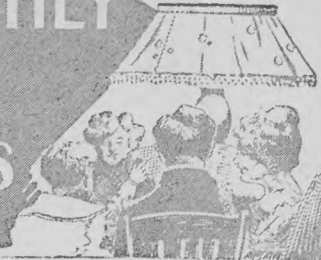
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Home Magazine*

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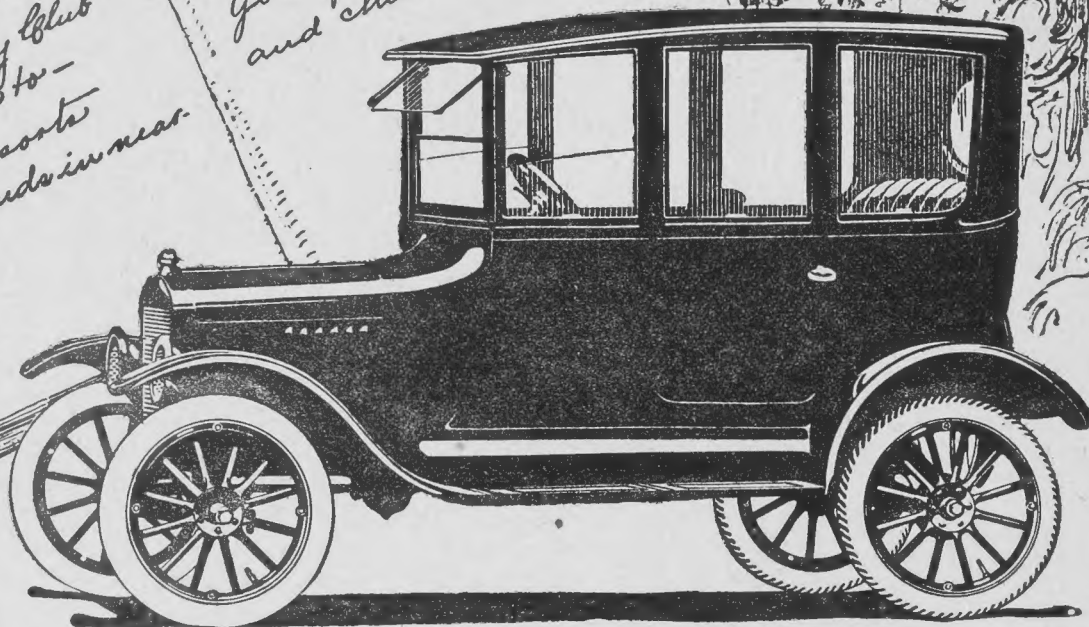
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Shopping.
Calling on friends.
Visiting Country Club
Week end trips to -
summer resorts
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by towns
Rivers

Theatre.
Going to the farm
to buy vegetables, eggs,
and butter.
Taking my husband
to and from the office.
Going to church services
and church societies



SEDAN

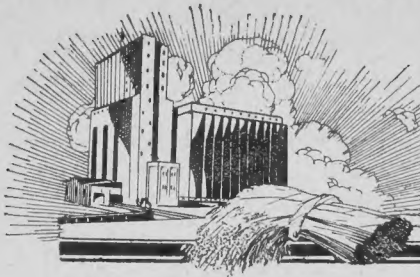
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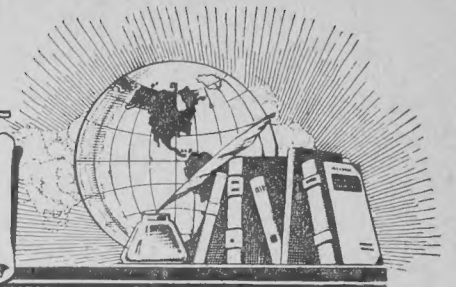
Look over the memoranda. There are many hours of pleasure in store FOR YOU when you have persuaded him to buy a Ford Sedan.

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EDITORIAL



SHORTER HOURS AND MORE PAY

The cry for shorter hours and decreased production has been long and insistent. It is now becoming quite clear even to the most ardent advocate of this policy, that there is a weakness in it, of a very serious nature. A study of conditions in Germany and Great Britain will illustrate the point.

According to reports of the most reliable correspondents, the people of Germany have accepted the burden rightly laid upon them and are working day and night to pay off their indebtedness. True their net earnings are small and their luxuries few; true they have no time for amusements and no opportunity to indulge in frivolity. They are seriously at work, and they do not quibble over hours for it is necessary to produce in order to live. In Great Britain there is under production because of industrial conditions. Men are out of work, first because of inordinate greed somewhere, and then because industries are closed owing to lack of coal. Where there is no coal, there can be no manufacture, and where there is no manufacture there is no employment. In Germany, because people are willing to work, or because they work under compulsion there is production and growing wealth, while in England and Scotland there is quibbling over hours and terms with the result that there is little production, and consequently little wealth and little comfort.

Now, the serious thing in all this is not that individuals and families are suffering financially, nor that industry in Britain is being overthrown, but that men and women through cessation of work are failing to achieve their own manhood and womanhood. For the great thing in industry is not that people produce articles of more or less value, but that they produce themselves. An idle quarrelsome people, no matter what the cause of the idleness and strife, cannot develop in character as they should. Labor is always a blessing. We are hopelessly wrong when we regard it as a curse.

There is another side to all this. The Allies rightly insisted that Germany should make good the losses she occasioned; but the imposition of the penalty may possibly mean her salvation and irreparable loss to France and Britain. For if the payment be made in German manufacture, the markets of Britain and the world generally will be upset. The great national dilemma according to Mr. McKenna is just this, that if Germany does not pay the indemnity the British people must be hopelessly taxed for centuries to meet her losses and if Germany does pay it British trade is going to be seriously affected and unemployment on a larger scale than ever before is certain to follow.

When some centuries ago, Spanish explorers controlled the seas and took possession of the wealth of the New World, they did not reckon that newly acquired riches would mean their own destruction. But so it proved. A nation which refuses to work must decline. That is the beginning and end of the industrial problem.

Just now there are in Canada groups of people who are clamoring for shorter hours of work. This of necessity will mean under-production, and such increase in the cost of manufacture that people will not buy. Take for example the case of printing. The cost of production to-day is such that people will use cyclostiles and other multigraphing devices rather than meet the charges necessitated by the demands of labor and the exactions of the paper manufacturers. What is required here as in other trades is that workers shall be

willing to give a fair day's labor for a fair return. The people who under-work in these days must suffer the consequences.

AN OBSERVER'S IMPRESSION

As a verification of what has just been written here are the words of that most acute American observer, the correspondent of the New York Herald.

"With work it is hard to live, without work the hunger wolf leaps with hungry jaws. In the main streets of Berlin one sees no sign of that misery, and the only thing that shocks one with distress is the large number of maimed, blinded and shell shocked men still in their tattered field gray uniforms holding out palsied limbs for charity from passersby.

"Well, that's another side of the picture which must not be left out of the account. But weighing all evidence without sentiment or prejudice and relying upon one's own observations even more than on expert information, it seems certain that the German people as a whole are recovering steadily from war conditions and are ready to face even the new and immense burden which now has been laid on them by the treaty obligations with some hope and even real optimism regarding their industrial recovery.

"They are prepared to give the world the most colossal example of industrial energy ever seen. I think they will, and I am not at all sure that the world will like it. In order to pay the indemnities they will have to increase their exports at least five times. Many of them, including men like Philip Scheide mann, with whom I had a long talk, believe it is possible on two conditions, namely, that their industrial strongholds of Westphalia and Silesia are not taken from them and that the world in its own interest will aid them with credits and encourage their industrial development.

"There is a new spirit in Germany. It is economic enthusiasm, with peace and labor as its conditions. They will show the world what German genius can do in industry.

"One thing perplexes me. It is certain that Germany can pay her indemnities only by enormously increased exports, but if they are increased to that extent won't they ruin the commerce of other nations? It is a devilish dilemma, for which as yet I can see no solution.

"I see another strange thing. I see a people braced and energized by defeat, whereas the victor nations like England have slackened into listlessness."

And in another connection we find these words describing conditions in Berlin.

"They are now faced by a grotesque paradox that when they shouted 'Make Germany pay,' they were clamoring for their own industrial ruin. Mr. McKenna's suggestion that Germany should be made to pay in raw materials would not help England because in coal we already have raw material which we could not sell at present prices, even if our miners would consent to work again.

"I see only one way out of the dilemma of German indemnities which presents us with a choice between two evils, payment by overwhelming competition and non-payment with allied war debts still burdening our peoples. The way out is by economic arrangements with Germany by Great Britain, France and United States which will balance imports and raise the value of the German mark so Germany cannot undersell the world at exchange rates. How that is to be done I am not suffi-

cient of an expert to devise, but it ought not to pass the wit of man.

"Outwardly, and to some extent inwardly, Berlin seems to have regained its normal life and to have emerged from the blight of war. Its fear of revolution and counter revolution has passed. Its food supplies are free and uncontrolled. Its shops again are richly stocked with all those goods which were scarce and unobtainable two years ago—leather goods, calicos, clothes of any kind and many of the little luxuries of daily life.

"These people, swarming down the Friederichstrasse and all its tributaries or walking in the shade of Unter den Linden, seem cheerful and happy. They are all busy, and one sees none of those crowds of listless men and women who hang around labor exchanges and make life so miserable just now.

"These Berlin folk are now working keenly and with wonderful energy. Young men who come into hotels in the continual traffic are not there for idle hours. They bring black satchels stuffed with papers. They talk business and look as if there were plenty to do. There is no air of dejection or despair among a people conscious of defeat and of the tragic years ahead, but rather among all these Berlin crowds there is a look of alertness, good humor and confidence in the future.

"Imperial pomp and pageantry have passed from Berlin. No guards surround its palaces. Only a few Sicherheitspolizei (security police) in neat green uniforms remain as a memory of all those military types who used to pass with such arrogance about the city."

THE SOURCE OF STRENGTH

The story of athletes shows that a man who is over-weight may restrict his meals to breakfast and dinner without losing anything physically, provided he takes a snooze at noon instead of the time-honored lunch. In other words, sleep is the source of strength. This is no idle supposition. It is borne out by the practice of those who from necessity have to learn the best way of husbanding their strength. The lesson of sleeping rather than eating is preached not by faddists nor scholars, but by hard-headed trainers of prize-fighters.

In confirmation of this view comes the opinion of medical authorities.

"You may be able to go without food for weeks and weeks but if you are deprived of sleep for only a few days you will die, says Dr. Anna Lipinski, who has been lecturing before French medical societies on the value of slumber in therapeutics.

"Dr. Lipinski herself has gone three weeks without eating, although she managed to keep her strength at a fairly normal scale by frequent drinks of water. She is continuing her experiments in a laboratory on the outskirts of Paris, despite the fact that she lost her sight several years before the war, and has given a mass of evidence to the doctors which is expected to reform the treatment of many neurasthenic and digestive maladies."

CIVILIZATION: A VENEER?

The events of the last few years have caused many people to ask themselves whether civilization, though the product of centuries, is not merely a coating over the natural passions and cruelties of man, and whether it has not now been worn so thin that it cannot be expected to last much longer. Although this view seems to us unwarranted, we cannot hold the belief that mankind is destined inevitably to advance in civilization. The one clear

lesson of the war is that if civilization is to be preserved and improved, it can be only through mankind's unflagging effort. It is not a spontaneous growth of nature. Untended, it will deteriorate and wither away.

How many people have seriously asked themselves what civilization is? How many, if asked to define civilization, would vaguely reply that it meant luxuries and conveniences, labor-saving inventions, railways, aeroplanes, automobiles—progress in the arts and sciences? But civilization is barren of results if its achievements are to be measured only or chiefly in such terms.

The essence of civilization is that it shall enable men—races of men—to live together on terms of common understanding and mutual forbearance. Progress in the arts and sciences, improvement in means of transportation, communication and trade should facilitate common understanding and mutual forbearance. But they are only instruments, and if people use them stupidly or wickedly, they are instruments not for good, but for evil. It is the task of education to teach people to use those instruments in the right way and for a good purpose. The Germans had a system of education, thorough as far as it went, but they had no vision of the true aim of education. They glorified a thing that was not civilization. They did not desire civilization.

In America, as elsewhere, people have become habituated to violent methods of settling controversy. Riots, strikes, bloodshed, lynchings, the vile brutalities of the mob, are of such frequent occurrence as to cause grave anxiety to every thoughtful American. The law is framed to give protection to all citizens; it is the concrete expression of the effort and struggle of men to achieve civilization; upon obedience to the law civilization rests.

WANTED A NEW WORD

One of the most serious needs of industry at the present time is but dimly recognized, because there is no word in English with which to name it.

No one who has watched a child playing by himself can have failed to marvel at his purposefulness. Plainly he has something in mind that he wants to do, and he wants so much to do it that he grudges no amount of effort. He is, in fact, using his powers to the utmost; but because he is having a good time, we call his activity "play."

Men and women regard "work" and "play" as antitheses. Play is easy and refreshing—we play because we like to; work is hard and fatiguing—we work because we have to. Nevertheless, all of us, at one time or another, have engaged in work that set us in such a glow of satisfaction that we forgot that it had any taint of compulsion. We entered upon it because we had a plan to carry out—a plan that enlisted our personal pride and ambition. The fulfillment of the plan was in itself an immediate reward.

Before the days of machinery, that form of activity, which is infinitely more desirable than either "work" or "play," was known in all industries. Carlyle's "man who sings at his work" was thus employed; so were the craftsmen who put their skill into the humblest articles of utility. It has always been and still is the secret of men's desire to own and till the soil; it helps them to continue in agriculture in spite of discouragements. In fact, for a man to have "joy in his job" is a universal human need.

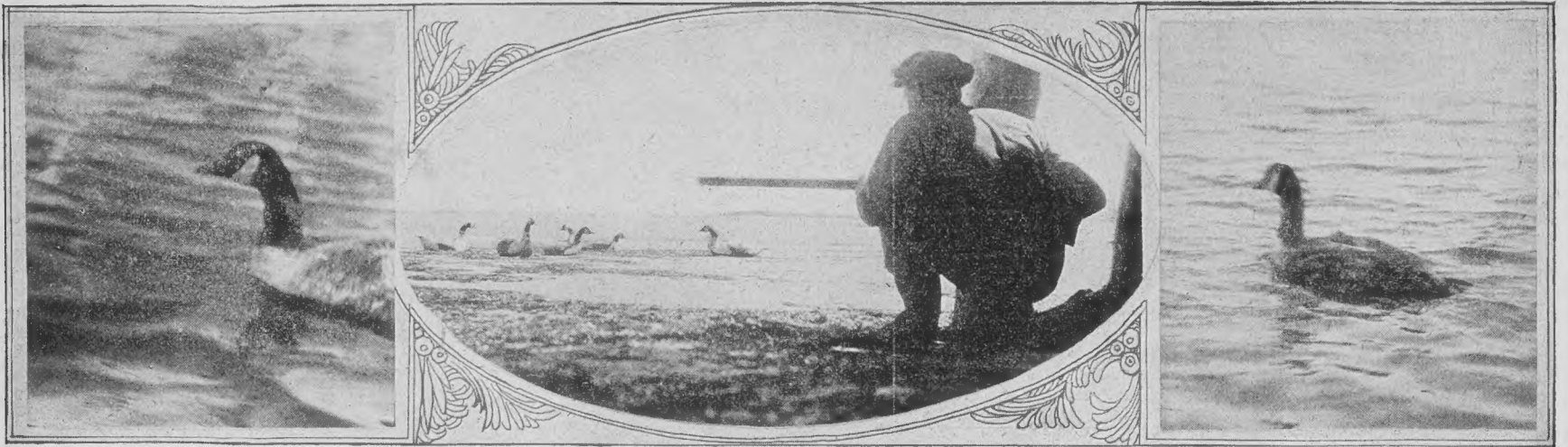
The great trouble with modern industrial development is that it does not sufficiently provide for that need. Our factories, our mines, our great works of

(Continued on page 13)

Scenes in the Wild Goose Hunting Grounds.

Written for The Western Home Monthly by Bonnycastle Dale

Illustrated by Laddie Jr.



Just coming in—Canada Goose Swimming into View

Decoying on Land for Canada Goose

All of it This Time—Canada Goose leaving us

I WRITE this journal in December 1920. Date about the middle of the month. The scene of the story is the long winding harbor of Port Joli, Nova Scotia, about midway between Halifax and Yarmouth on the Halifax and Southwestern R. R. The flock of geese began to arrive from Prince Edward Island and the Cape Breton coast in mid October. Day after day we watched the flock grow in numbers as they fed on the ellgrass covered flats of Lowtide.

We finally decided that they were "sanding" regularly in Boyd's Rocks Bay, and we put the six big wild goose decoys in shape and loaded them into the canoe one morning long before daylight. Along with them went a half dozen whistler decoys, our raincoats, food, cushions, gun and ammunition, until, when we got in, the big sixteen foot canoe was overloaded. "Look at Little Hope Light, we're going to have a storm," said Laddie from the stern of the canoe. We were paddling down the tide channel and the big sullen surf was rolling in making us mount this watery hurdle in a way I did not like. Outside over the spruce woods we could see the light from Little Hope lighthouse shining clear up across the sky. A sure sign of bad weather. When the weather is promising fair the beams of light do not rise half way up the sky. Now we turned in from the channel over the sands and the swell increased in the shallow water until we pointed high sky over the tree-tops and jockeyed down towards the sands on the slope of the wave.

"What's that?" questioned Laddie in a whisper.

"That" was a flock of geese dead ahead near the Inner Body's Rock "Sanding." We kept right on and flared them, as we never load up our guns until it is light enough to see clearly and the sun is up over the sea. Everybody should obey the federal laws here as well as the Nova Scotia laws.

"Honk! Honk! Grunt! Grunt!" went the geese, and the big ganders as they raised on mighty wings in the murky gloom and flapped away like ghosts of geese into the black curtain of the night.

We placed the six decoys a short shot off Boyd's Rock, as we were using paper shells and number ones and B.B.'s. I also had two four A's and two three A's in my shell vest in case I had to try and kill at over one hundred yards. Do not smile, my old friends in midcontinent who use the right good fine shot and never see a bird die over a hundred yards away, we have seen them killed almost double that distance.

Laddie paddled me over two canoe loads of ell grass as per usual, and hastened away with the canoe to the inner sand spit. I built me a veritable fortress of this wild goose food which had drifted ashore in the storms and crouched down amid its sweet ocean odor. A mile up the harbor I could hear the flock of geese giving tongue, evidently some one was rowing across the harbor. Then I saw them, two men in two dories off across for the wild hay they stacked in September. Now about a thousand geese flew down the harbor and sat down within a half a

mile of me, and two flocks came complaining overhead with their sweet low calls. They evidently did not like the pile of green weeds for they curved off and I held my fire. Then six big loudly-calling geese lifted from the flock and flew straight towards me. I poked my face into the ell grass and watched them coming. My heart was beating like a triphammer. On they came. The instant they spied the decoys they set their wings and came almost to one hundred yards. I could not help firing. I have only one barrel working, and I could plainly hear the B.B.'s rattle on the great birds, and one flew back to the flock far behind the others. I strained my neck watching them, and then I heard "Honk! Honk!" right close at hand. Inch by inch I got my head up until my eyes peeped over the weeds and, right outside the decoys, I saw a big goose sitting stiff as a poker examining those six wooden geese. It was too far off then, over the hundred yards. On it came, swimming, turning its head from side to side, and at times calling very low and sweet. I let it swim to fifty yards, then I changed my four A for a B.B. and killed the poor thing instantly as it lifted off the water.

Out came Laddie in the canoe and retrieved the bird exultingly, and together with the glasses we searched the big flock for the bird I was sure I had hit. Soon a motor boat flared them all but one, there sat our wounded goose half a mile out in the big swells running in from the Atlantic.

I had Laddie take me in and around the bay so that we entered the harbor far up and escaped the worst of the swell. With the binoculars I again spied the goose, head held flat as a snake's but swimming for dear life. Now with both paddles we made the long green craft fly up and down the great dark green hills, heading the bird towards the sandy shore. We saw it could not dive so I put in a charge of number four's and killed it, a big ten-pound gander. As usual I then decided that I would go home and write and Laddie could finish the day on the rock. Now we entered the protected waters where none may shoot, and, of course, a silly flock of geese let us paddle up almost within shot of common number ones before they lazily raised from the surface.

I was watching a seal swim near to a dead goose a man had killed, and the man made haste to pick it up, telling us that a seal would always take a wounded or dead goose, although I have not seen one do so. We could see the geese flying out of the harbor to the west over the Goose Hills. Although they were away up out of range many shots rang out. It must be expensive work shooting there, as I would estimate a hundred shots for each goose killed in ordinary weather. But if a stiff wester is blowing and the geese hug the valleys and just skim over the tree tops you have a shot at a bird that is level with you or below you. We hear many a rally on the Goose Hills when the flocks pass over to the next two harbors for water or gravel. They seem to have lots of fun but not many dead geese there.

One of our neighbors came in in his wee punt with two geese and he was telling

me just how he got them. He had crept down to the shore and saw them sitting away out on the low tide flats, one hundred and ten yards away he found out later. He had heavy shot in double B and he held the 10-in. gauge gun fully a gun's length above the geese when he fired, yet he killed them nicely as they jumped. He holds fully a foot above jumping black ducks, and as he is the most successful hunter here his way is no doubt correct.

The next day after Laddie spent the afternoon on Boyd's Rocks without killing a goose the storm came just as the long beams from "Little Hope" had truthfully predicted. It blew a gale from the east and, of course, as no man could live on the rocks the geese flew in bravely. Laddie and I carefully counted the flight and made 1139 going in for gravel. The second day the wind had switched to the southwest to west and geese trying to fly into the bay were forced almost within shot of our shores, but not quite. I went down the shore and saw the great black flock sitting amid the giant swells like some long trailing band of weed in the white boiling tops of the breakers pouring in. From this mass a thin tail floated in until in shallow enough water to pick up the precious gravel, which they must have every second day for the gizzard's digestive work. None of them came as close as two hundred yards. If they had one man's long brass shells and huge shot would have scored.

The third day the storm had abated more, yet the surf running into the bay kept us off the rocks. About a thousand geese flew in in bunches of ten to fifty and settled in that turmoil of crashing breaker and swirling windchop. Now read carefully, my friends of midcontinent, who very wisely do not use big heavy shot. Along came a hunter with a ten-gauge gun and with 3-in. brass shells loaded full to the tip of powder and sixteen S.S.G.'s shot. This chambers well and this very gun happens to shoot it well.

The thousand geese rose and fell on the surf and a few dared—as they had yesterday—to swim within two hundred yards of the long tow sand spit. Some may have been one hundred and seventy-five yards off. The hunter was in the woods safely hidden—but that lagoon behind the sandspit had to be forded to get the long uncertain shot (the geese were so far off that I have never taken a shot—even with big shot—at this distance) struggling through the thick black mud, sinking right up to his knees at times. The hunter finally made the back of the spit and aimed into the nearest and thickest mass. Both barrels roared and up went the flock with a noise like thunder—but it left two wounded birds behind. The hunter had a hard chase before he finally got another charge of shot to bear on the wounded goose, then he ran it down in the shallow rough water and killed it. The second bird swam straight for the rocks and a daring hunter had made them in his wee shallow punt and the poor foolish bird swam straight in and was speedily put out of suffering. I saw the birds being plucked and the big shot had entered deeply. One bird had two S.S.G.'s in the body showing that this one gun does shoot heavy shot well. But just

look at the next body of ducks, fellow hunters of midcontinent, that sits safely one hundred and seventy-five yards out, and tell me if you would ever even think of trying to get one with your ten bore—or black ducks at 110 yards with your twelve. I could not believe it was possible until I had seen it done. The long cold January day had ended and a crescent moon hung high in the dark heavens. A slight air from the northwest rippled the harbour wherever water showed. Laddie and I stood at the window of the ancient house we camped in watching the big flock of Canada geese and the dark patches of the black ducks. The glowing flames in the huge fireplace attracted us, and when next we looked out—an hour later—all the harbour was frozen over save only the tide channel which was about one hundred yards wide and flowed directly in front of us some two gunshots away.

We opened the window. Now the clamor of the winged host sitting there in the darkness rose like a mighty chorus. The geese were whimpering and complaining and the ganders grunting out their high discontent. As an undercurrent of sound the quacking of the black ducks carried the bass notes of this many-voiced throng.

Now, away off to the north we heard "honk, honk, honk!"—and thousands of the sitting geese answered. Again clear as a trumpet it came on the sharp air of the winter night: "honk, honk, ka-honk-a" from a flock of yet unseen geese arriving from the north. I had an extended view of them as they passed overhead for the ancient and uncertain catch on the window lost its hold and the heavy frame slid down on my back and held me their like a jack-in-the-box.

Once again released I watched the arriving wedge circle under the moon and hover over the flock which was vibrant with sound. In they splashed with loud calls and cries. Now all the calls and cries ceased as if by magic and the whole six to seven thousand birds sat noiseless and motionless—just a dark patch on the slowly flowing tide.

"How is the thermometer?" I asked Laddie. "Five above!" he called back. Now the flock began to "mill" to keep the tideway open. For an hour we intermittently watched this odd circling scene, then they began to lift and fly off in dark masses to the open sea. When we turned out the light in the old room every duck and goose was gone and only a glimmering sheet of ice was to be seen.

This most wonderful winter of 1921, Laddie and I are both out with our machines after pictures of the wild geese. A smaller flock than last years is wintering in Port Joli harbour, Nova Scotia.

Laddie is up early with alarm clock accompaniment. His outfit—white trousers and cap and sweater and a big cushion, a bite of lunch, and the bullet camera—are soon packed in a box on a sleigh and off he sets on the long walk around the head of the harbour as the geese are feeding over there in front of a fresh water creek. I watch him go up the rude lane with its slary ice and bit of snow tugging his sleigh behind him and I

(Continued on page 8)



Cool, lukewarm or hot water — Which?

Use water of *any* temperature with Fels-Naptha. Boil your clothes with Fels-Naptha if you wish. The real Naptha in Fels-Naptha makes the dirt let go, no matter whether the water is cool, lukewarm or hot. The point is, you can use hot water but there is no *need* to with Fels-Naptha. Therefore, so many choose the washing method of greatest comfort—cool or lukewarm water and Fels-Naptha; and the method of greatest ease—soap the clothes well, soak (with light rubbing on extremely soiled places), and rinse.

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the dirt away, leaving the clothes sweet, fresh and bright! And with that delightful clean-clothes smell!

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FELS-NAPTHA

THE GOLDEN BAR WITH THE CLEAN NAPTHA ODOR

The Autograph Quilt

By E. G. BAYNE



YOU'VE no idea how people give themselves away with their handwriting," said the little old lady as she hunted over the great quilt for some particular signature. "Not that I claim to know all about this here graphology, or whatever it's called! I just sort of learned this little knack sitting here chair-ridden, and I can tell you it's kept me amused by the hour. I like to follow up the lives and the doings of all these friends and acquaintances, and it's wonderful how true my guesses turn out! Here now! This scrawly-looking bit, 'Andrew Whitley,' as you see, was what I was searching for. I always prophesied an adventurous, roving life for Andy, and it came true all right. He's been nearly over the whole world since he wrote his name on this patch of cotton for me to work in silk. He's seen South America, Egypt, Japan, and was in France, of course, and just now I understand he's in Australia. Andy makes a lot of money, but he spends a lot too. Can't hang to a dollar it just seems. Dear me, I hope he marries a girl that can be a mite careful!

"Now this prim, neat, little writing is Alma Carter's, and it looks just like her too. I always said Alma was the neatest girl hereabouts. She's awful good at details. Maybe she isn't so good at planning and managing, and I s'pose likely she hasn't any great originality, but set her a task and she'll finish it all right. See how nicely her 't' is crossed, and the even height of the letters? She's not the sort that'll fly high, but she's going to make an awfully fine wife for some man. You can just guess how smooth her bed'll be, and how crisp her pie-crust and how well she'll bring up her children.

"Look at this loopy writing here. Alec Spriggs' autograph it is. Big loops like that are a sure sign of conceit and Alec has it all right enough. Always did have a big idea of himself, I'm told. They do say he uses rouge and powder, but mind, I'm not going to set up as an authority on that! All I know is he curls his hair with tongs, and once he sent to town for corsets for himself and wore 'em too till one night some cut-ups took after him, caught him and pulled his coat and vest off for the crowd to see. Alec kept three or four girls dangling too long, and lost 'em all. Thought any one of 'em would jump clean out of her skin with delight at the idea of becoming Mrs. Spriggs. Well, he got left. I hear tell though that he's after that plump widow who boards across the way, and that it's a bad case with him too. It's the real thing this time as they say.

"Notice Anna Green's name. Full of character isn't it? See the heavyish, firm strokes. Anna has a firm capable head and hand too. She was a quiet, studious girl, and most everyone thought she was dull, but she's what they call a big executive now, and gets a good salary with a large firm in the city. Just shows you can't always tell. The quiet sort generally surprise folks."

The little old lady's gnarled finger wandered on down the quilt and a tender smile played about her mouth.

"I'm looking for Ruth Stanley's," she said. Then: "Ah, here it is. See how fine and dainty it is, and how each 't' bar flies off a little? Ruth had ambition, and was a poet, but she died young. Just 23 she was. She was fine-grained and gentle and sweet — a dreamer and an idealist. She had golden hair and blue eyes. But her disposition was sweeter and firmer even than her face. . . . Ah, well! I guess I mislaid my hanky. I kind of want to rub up my glasses a bit. They're misty. . . .

"And now see this signature here with the long slanty strokes? Jim Gregory's. I still call him Jim. This is a musical hand. He was the son of a poor farmer, but he was born with a song in his soul. Many's the licking he got because he'd fiddle and tinker

with music when chores were waiting to be done! He could sing to charm the bird off the bough, and he always fiddled at the dances. One day he ran away and—how long ago was it? Dear me, what a poor memory I have! Well, anyway, he's the well-known violinist now, and on tour at present. My, but don't he keep his old mother in grand style too!

"Here's Matty Miller's—the little coquette that she is! Flirted with everything in trousers, and if a real fellow wasn't to be found she'd go out into the garden and make eyes at the scarecrow. Notice all the curleyques on the letters and the twisty capitals. The writing looks hurried too, just like Matty always was. The 'm's' look more like 'w's' don't they? Well, Matty has had three husbands since she wrote her name here, and that's not ten years ago!

"Now would you look at this narrow, angular hand here! William Chester's, the hardest man in three counties. They do say he'd skin a snail, that man would. Kept his money under his bed so's he could gloat over it, nights. He'd put the widow and the orphan out on the street if their rent wasn't paid up on the day set, and his own children wouldn't live with him once they grew up. Much good his niggardliness has done him. He lives sole alone, too mean even to hire a servant. Some say he'll die of stomach trouble from his own cooking, but I always say it'll be just plain stinginess and meanness and cussedness that'll carry him off!

"Here's the name of 'Gwendolyn Shrewsbury Stokes.' I suppose you could hardly give a guess as to what she was like? A dashing sort of person? Yes, the broad, hurried strokes tell you that. She was good-natured, but sort of erratic and irresponsible. See that uncertainty in the starting of the capitals. A great church worker and clubwoman and fond of running things and being in the limelight, as it were. But not tactful, and with no real ability. Good to the poor, but always reminding them of what she was doing for them. Very dressy she was and liked lots of color. And, of course, she had one of those quiet husbands. Sort of a tame house-cat he was. Many's the time he's carried her breakfast up to bed for her, and he could do housework as well as any woman you ever saw! I've seen him myself hanging the clothes out on the line. They never could keep help.

"And just by way of contrast, look here at the name of 'Sarah Mason. Meachin sort of hand, isn't it? Poor Sarah. She got married at 46 to one of these easily-riled Englishmen, and they say he does bully her around and that she likes it! Her first husband she married at 25, but he died in a few years, and she was a widow quite a spell. She used to whine and pout with the first man, but now all she does is to say 'Yes, dear,' soothingly, and tremble like Sweet Alice at his frown—and Mason can frown! Fate is a kind of humorist, I sometimes think."

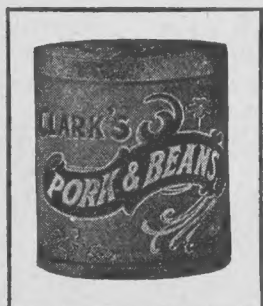
The little old lady leaned back and wiped her glasses with an old silk handkerchief, smiling in a tenderly, reminiscent way.

"Maybe you think I'm only a gossip," she said, apologetically. "But we old folks must have our little pleasures, and I try never to think mean thoughts, but always to be kind and considerate, knowing how many faults I have myself. Tied here like this I can't follow these folks except in fancy, but many of them write to me and I've made a lot of new friends and could fill another quilt I guess. My daughter turns this one round, t' other end up, whenever I want to see the names at that end and dream a little over the folks represented. It's maybe foolish, but it passes the time when I'm tired of knitting. Yes, I sort of think I'll start a new quilt one of these days."

MAIDENS, even the smallest, may be propitiated with a box of Moir's. It doesn't take long to learn which chocolates are the best, the biggest and the purest.

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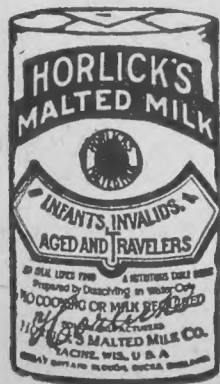


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The Original

"Moving Day"

By Annie Sheppard Armstrong

HT was porridge, eggs, toast and coffee for breakfast, nicely cooked and served too, but Davy Perkins barely tasted the meal in silence and shoved the dishes away from him impatiently. Doris, his wife, watched him anxiously across the table.

"What's the matter, Davy, don't you feel well?" she asked as he arose.

The dark eyes in his young face were gloomy as they rested on her blue ones.

"Yes I feel well enough, but don't you notice it too, the everlasting rut we're in, while everything and everybody else is on the move?"

She was younger than he in years, but woman-wise, so she answered, "Oh, it's spring fever that ails you, that's all—yes, I notice it too—everybody does."

Davy sat down as if exhausted, and looked at his watch. "I've a few minutes before the bank opens. Now I'll tell you Doris, it's no spring fever—what nonsense! I'm discouraged. An accountant should get more than I do at the bank, and we surely need more money. How I hate this dead old town, and this stuffy house and this staring furniture—it gets on my nerves. I did envy Dick Parsons getting that swell new job and moving his stuff right past our door to the other end of the town."

"Oh yes," Doris clapped her hands and laughed, "and then the wedding yesterday capped the climax, when Jim and Lola showed us all their wedding presents and went away in their new finery on the trip. I tell you, Davy, it's just a primitive longing to move that ails you—it's just spring."

"Well, well, maybe so," rising and reaching for his hat, "anyway, Doris, you're positively the only object I don't want changed in my existence," and he hugged her with a smile. He even found himself humming by the time he reached the corner where he always turned to wave toward home.

An old man was grubbing in a garden on a side street leading to Broadway, as the main thoroughfare was pretentiously or sarcastically called.

"Good morning, Mr. Green—gardening, eh?"

"Yep, workin' off the spring fever."

"It's a terrible disease isn't it?"

"Yeas, I reckon it's Nature's way of drivin' us along. The farmer he puts on a straw hat and puts in a crop to feed us fellows and we work off our steam a-gardenin' or a-movin' or jist plain growlin' or some way."

"Ha, ha—you've got it pretty well sized up, Mr. Green."

They were busy at the bank that day, the Inspector was there going over the books and they were "breaking in" a new "junior" who made more work than he did, so Davy 'phoned up that he would not be home for lunch.

This suited Doris admirably, because, after Davy left she had an inspiration. If they couldn't move they could, at least, have something different. She had thoroughly "house-cleaned" the week before, but why hadn't she thought of it? Well, it was evident that she had only been housekeeping a year. She remembered now how her mother used to surprise the family by moving and turning and twisting things around in the most charming and unexpected ways, how mysterious she used to be about it, and how they used to enjoy the surprises. It stimulated them too to be always on the look out for some alteration. What a humdrum goose she had been, and she with so many pretty things put away, different cushions for the chairs and couch, other ornaments for the mantel, and the furniture could be arranged, oh! so much better and so as to "make more room." She longed to be about it, but must have the heavy things moved first and fix up the little touches afterward.

Just then a big shambling colored boy shuffled past the gate breaking the calm of the trim street by singing in a shrill voice: "Gimme the hoe-cake, gimme the rye, these bo-ones shell rise a-gain."

"Oh Thomas Jefferson—Thomas Jefferson Lucas," called Mrs. Perkins.

"Ma'am? asked Thomas, stopping his song and coming back, his black hand to his hat-brim and showing all his teeth in a sheepish smile.

"Tom," asked the lady, "what about a half a raisin pie and fifty cents to help me move some furniture around?"

"Laws, Mis' Perkins, ah'd suahly move a powah of furniture fo' that."

"All right then, come on in; will you have the pie now or after we're through?"

"Ah think eatin' it now'd make me powahful strong, Mis' Perkins," Thomas said insinuatingly.

Doris left her assistant at the kitchen table eating his pie and washing it down with lots of coffee while she went over the ground like a general, and thinking out what would appeal most to Davy in changing things.

Many clever people nowadays are devoting a lot of their time and energy to trying to get in touch with the spirits of the next world and that environment, but there is a lot of unconquered territory yet on this earth, for how often it is that families in the same house are not properly in touch with one another, do not know each other's point of view about things, and each individual too self-centered to try to find out. And herein perhaps lies the key to the psychic situation too. The poet sang "Love took up the harp of life and smote on all its chords with might, smote the chord of self which, trembling, passed in music out of sight."

The Perkins' home was an old fashioned house in an old-fashioned town, and built when materials were not as dear as they are now. Quite large, still it had not that appearance of spaciousness that more modern ways of arrangement impart, no arches or pillars or quirks. This was one reason why Davy Perkins hated it.

Studying it Doris decided that she had a bad habit of muffling up the old-fashioned windows too much, and that the most up-to-date house would look frumpy that way so she decided to pull up the blinds a lot higher, pull the net curtains farther apart, and take a lot of house plants away, concluding that they looked nice in winter but a clear view of the budding earth was more cheerful in spring. The window commanding a view of the vacant lot where the neighbor boys played base ball in the warm weather was the worst offender for it was literally full of plants and a canary's cage hanging in it into the bargain. She remembered regretfully that Davy liked to watch the boys and here she had obscured his view so he had to go outside to watch them.

"Poor fellow," she thought, "caged up in that dreary bank all day, how horrible that bird-cage must seem, and all this stuff obscuring a glimpse of the good earth. I'll clear it and put his chair and pipe and slippers by it so he can look out and rest in comfort."

Then the china-cabinet could be moved in the dining-room with a different arrangement of the articles in it, and, in the living-room their bone of contention should cease to be—she would at last agree to take all the ornaments off the top of the piano, so that Davy could chord for himself and sing a bit in the evenings without being annoyed by jangles of echoes, or deadening of sounds; and then the piano must come out of that dark corner. Oh, with this new unselfish clairvoyance she could see such a lot of improvements to be made.

Thomas Jefferson had been hanging around for some moments waiting for orders, and now they went at it with a will. Either the pie was a great invigorator or Tom was naturally very strong because it was a very short time until the heavy articles were in their new setting.

Thomas then departed with his fifty cents and more pie as a bonus, and then there was the rearranging of the windows and other nick-nacks. It certainly looked different and spacious, with hopeful bright outlooks from every window. Bright different cushions made splashes of color; the old rooms were transformed. A bunch of pussywillows on the dining-room table added the last touch.

Dinner for two was set cooking, and Doris thought she would rest a while although she felt a sense of exhilaration and not so very tired. She caught a glimpse of herself in a mirror. "Rather tousle-headed, oily faced, house dress somewhat soiled," was her own verdict. That would never do, it would take the

(Continued on page 12)

August Mornings

No other cereal dainty compares with Puffed Rice. Serve it every summer morning. Mix it also with your berries to double their delights.

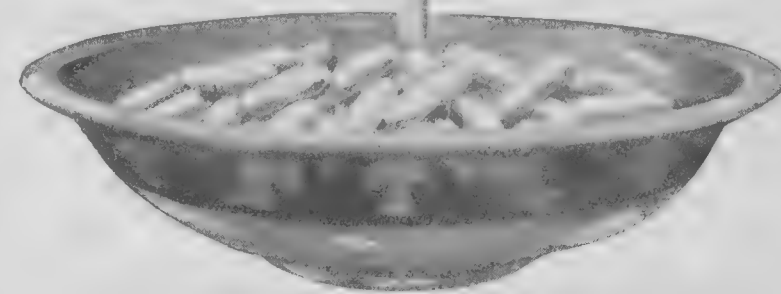
Crisp and douse with melted butter for afternoon confections. Use as airy, nut-like garnish on ice cream.

When you have such grain-made tidbits, serve in every way you can.

Toasted Rice Bubbles

We seal the grains in guns, apply an hour of fearful heat, then shoot the guns. Thus every food cell is exploded by its inner steam.

The heat gives the grains a delicious nut-like taste. The puffing makes them bubbles. So they come to you flimsy and flavory, ready to crush at a touch.



Puffed Wheat Puffed Rice

is whole wheat puffed to bubbles
8 times normal size

is toasted rice grains steam exploded
—airy, flimsy tidbits

August Nights

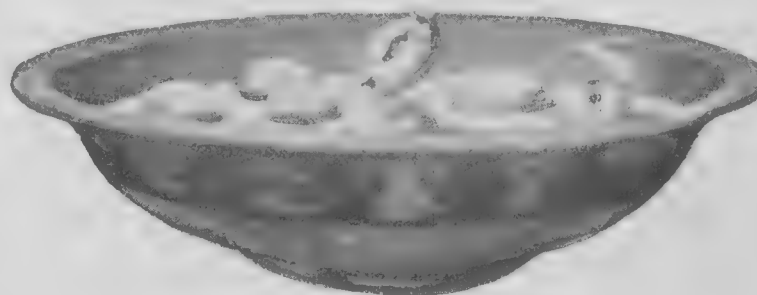
Puffed Wheat in milk is the supreme supper dish. These are whole grains made wholly digestible, so all the 16 elements are made available as food.

Whole wheat is rich in minerals. Children should eat an abundance. Make this needed food inviting by serving in this flimsy bubble form.

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Over 100 million steam explosions are caused in every kernel. Every food cell is blasted, so digestion is made easy and complete.

These are Prof. Anderson's scientific foods — the best-cooked cereals in existence. Millions now serve them, morning noon and night.



The Quaker Oats Company

Sole Makers

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Scenes in Wild Goose Hunting Grounds.

(Continued from page 4)

hurry up my house work as if he disturbs the geese and the light keeps good this day of January, 1921, I may get some pictures from my hide far out on the old wharf. Said hide is composed of some dozen empty fish shipping boxes.

With my telescope I can see the point across the harbour Laddie is walking to. There are a thousand geese and black ducks already there unfortunately—as he will have to disturb them as it is impossible to creep down through the rocks to the shore even in white clothes when too many birds are gathered.

Here comes mine. The boy has reached the point and the big flocks are swimming down with the tide. A detached flock of nine big Canadas swim right past my hide and never see me—of course not. They are a bit too far off but the light breeze is crowding the ice towards me and they come with it, daintily picking up every bit of floating ell grass. At last they are as near as they intend to come—about seventy-five yards—so I picture the group as a couple of the long necks are raised to watch my hand creep out

for the action. The clang of the machine made them swim off and I wind up to $\frac{1}{8}$, Focal Plance shutter, four lens opening and 6-speed Folmer and Schwing action, Rochester, N.Y.

Along comes many a cake of ice with geese sitting on them but they pass too far off—100 yards being the limit for work with this poor January light. Now a few more geese swim along past very slowly and these leap from the water calling as I picture them. Now comes a cake of ice with about forty black ducks asleep upon it. Dozens of other cakes with sleeping ducks had come with the tide but the birds always leaped quacking just before they reached the wharf. The duck does not forget the shooting of the open season nearly as soon as the wild goose does. I turn the action back to "fast" and stand up and try a shot at them as they leap calling wildly. I had noticed all the time that the geese were flying into Boyd's Rocks Bay half a mile east of me for sand or gravel. So I carried my cushion and the big box containing the camera along over the big rocks and strips of low tide sand and crouched just beside a great boulder far

out at the edge of the retreating tide. Instantly I heard a body of wild geese leap from the sanding flock and fly right towards me, but a bit out. These I tried even if I had to shoot directly at the sun. I took another flock the same way and this made number six so I had to go into the woods to change my film.

Now occurred the worry of the life we love so well—this roll of film felt as if it had pulled loose from the black paper and I went back to my rock very despondent. Three times fragments of the big flock flew out and I snapped at them but each time the action was harder to turn from number to number so I decided to walk home and call it a day. Every step back from the low tide line I always make with thanksgiving that it is made safely—as some wee muscles in my back have been breaking late years and they throw me down helpless—so I am always so glad to get above the reach of the tide when I am working alone.

Laddie came down the lane just at sunset looking rather jaded. "They never came near me at all. Only about half a dozen geese and I got two pictures of them. The black ducks scare off and

keep the geese wild. I saw lots of rabbit tracks. Didn't know there could be so many. There was the track too of a wild cat right down to the point and out onto the ice so the geese have other enemies at night besides the eagles. Oh, let's eat?"

GREAT LAKES CRUISES

A voyage over Lake Superior and Huron, those great fresh water seas, makes one of the most popular of vacation trips. The fleet of the Northern Navigation Company (Grand Trunk route) sailing from Port Arthur to Sault Ste. Marie offers the maximum in comfort, service and safety. From Sarnia a special Grand Trunk steamboat train makes direct connection with the vessels. The traveller finds each hour filled with ever changing interest. There is the ease of the daily life on shipboard and the thrilling experience of passing through the locks at Sault Ste. Marie. For all information apply to Canadian National and Trunk agents.

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But Goodyear learned how to make it better. And in the Goodyear institution every known betterment must be used. So the

Goodyear All-Weather Tread Clincher (30 x 3½ and 31 x 4) is now made rougher and tougher, bigger and handsomer. It is a new tire in Canada, with new economy qualities—tested and proved on thousands of cars in other countries.

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The Goodyear Tire & Rubber Co., of Canada, Limited

GOODYEAR
MADE IN CANADA

World-Wide Supply of Magnesium Contained in Rapidly Maturing Lakes of British Columbia

By E. M. Cuppage

Every householder is familiar with that favorite home remedy, Epsom salts, but not everybody is aware that the world's greatest source of supply of these magnesium crystals, to give them their proper name, lies in the far western province of British Columbia. The history of the discovery is a true tale of the West, as is told by the cowboys

range cattle all through the Lilloet district where these lakes lie," said the former cowboy.

"Strong? Well I should just say they were. I've seen a strong steer lie down and die within a few minutes of taking a mouthful of the water. It would just about turn the poor devils inside out."



The crystals are easily picked up from the surface of the mineralized waters. The light planking shown enables the "miner" to traverse the lake.

Photo by A. D. Kean.

who once rounded up their cattle in the vicinity of these remarkable mineral lakes.

How these mineral waters were formerly regarded merely as poison pools dealing death to every living thing that tasted their treacherous waters is recalled by the cattlemen of central British Columbia to this day. Until the pools matured, and assumed a snow white, crystalline surface, they were just like

The casualties from the mineral pools became so serious that the cattlemen saw nothing for it but to barricade these waters to protect their stock. And out of this precaution came another phase in the history of the magnesium lakes quite apart from the safety of the livestock.

About eight years ago a tourist from an eastern city visited friends in the vicinity of the barricaded lakes. To



A few wooden scoops and wheelbarrows is the simple equipment required to mine the magnesium from the lake's surface.

Photo by A. D. Kean.

any other body of water, as far as the eye was concerned.

It was "Cowboy Keans," now government moving picture photographer for British Columbia, who first told me the history of these poison pools, from which great carloads of magnesium crystals are now being harvested.

"Those pools gave us all kinds of trouble in the days when we used to

the cattlemen he was nothing but a dapper effeminate little man. But he was a chemist by profession, and it occurred to him that it might be interesting to make an analysis of these strange and deadly waters.

Analysis in the laboratory of this chemist revealed the purest magnesium salts. Spotted lake is estimated to (Continued on page 12)



Try This Way

See how your teeth look then

Here is a new way of teeth cleaning—a modern scientific way. Authorities approve it. Leading dentists everywhere advise it.

Ask for this ten-day test. Watch the results of it. See for yourself what it means to your teeth—what it means in your home.

The film problem

Film has been the great tooth problem. A viscous film clings to your teeth, enters crevices and stays. Old ways of brushing do not effectively combat it. So millions of teeth are dimmed and ruined by it.

Films absorb stains, making the teeth look dingy. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Germs breed in it. They, with tartar, are the chief cause for pyorrhea. Thus most tooth troubles are now traced to film.

Combat it daily

Dental science has now found ways to daily combat that film. Careful tests have amply proved them. They are now embodied, with other most important factors, in a dentifrice called Pepsodent.

Millions of people now use this tooth paste, largely by dental advice. A 10-Day Tube is now sent free to everyone who asks.

Its five effects

Pepsodent combats the film in two effective ways. It highly polishes the teeth, so film less easily adheres.

It stimulates the salivary flow—Nature's great tooth-protecting agent. It multiplies the starch digestant in the saliva, to digest starch deposits that cling. It multiplies the alkalinity of the saliva, to neutralize the acids which cause tooth decay.

Modern authorities deem [these effects essential. Every use of Pepsodent brings them all.

See the results

Send the coupon for a 10-Day Tube. Note how clean the teeth feel after using. Mark the absence of the viscous film. See how teeth whiten as the film-coats disappear. Watch the other good effects.

This test, we believe, will bring to your home a new era in teeth cleaning. And benefits you never had before. Mail coupon now.

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Pepsodent

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Railway Rates and Wages.

One of the big factors in the development of a growing country is cheap transportation. One of the factors in the slackening of business which Canada has experienced during the past year has been excessive freight rates. There is every indication that existing rates are more than the traffic will bear. It is a well known truth that if the cost of any class of service gets beyond a certain point the people are compelled to do without that service, so that the increase in business the charge made is offset by the decrease in business offered. This is exactly what has happened with our Canadian railways.

As an illustration of this we find that returns from the Canadian Pacific Railway show the gross earnings of the road for the five months ended May 31, 1920 to have totalled \$75,577,011 as compared with \$69,594,028 for the five months ended May 31, 1921 — a decrease of nearly \$6,000,000 despite the fact that freight and passenger rates were higher in the 1921 period than they were in the 1920 period. A significant feature of this decrease is that over \$2,500,000 of it occurred in the month of May. In May, 1920, the gross earnings of C.P.R. totalled \$16,459,983 but in May 1921 they dropped to \$13,892,044.

It would not be fair to assert that all of this decrease is due to the high cost of transportation but it is quite certain that high freight rates are responsible to some extent.

To get at the real trouble in this question of railroad rates we must dig down below the surface. One of the causes of high rates is high wages. Many conflicting statements have been made with reference to railway wages in Canada but an official statement recently issued by the United States Interstate Commerce Commission gives some very interesting information on the subject. As railway wages in Canada are based to some extent on the American scale, the figures are instructive. The following statement shows a number of examples of the wages paid in 1917 and 1920 and the increase for the period

	Class of Employee	1917 Average Pay	1920 Average Pay	Increase
Baggagemen		\$1,175	\$2,393	103.7%
Passenger Conductors		1,966	3,119	58.6%
Pass. Firemen		1,354	2,658	96.3%
Freight Brakemen		1,202	2,464	105.0%
Freight Firemen		1,275	2,587	102.9%
Pass. Engineers		2,233	3,478	55.8%

It would seem that railway wages should begin to keep pace with other wages and to start on the downward march in the not very distant future.

Government Expenditures

His Majesty's Government must be carried on, our politicians tell us, and some will say it is not for us to question the cost, our duty is to pay the shot and let it go at that. Unfortunately, too many Canadians are quite willing to accept this advice. It is well worth while to spend a little time now and again to find out what it costs to run public affairs of this country, notwithstanding the fact that there are some unpleasant surprises in store for the man who gets inquisitive about government expenditures.

The commercial letter issued by the Canadian Bank of Commerce for July contains a statement showing the ordinary expenditures of the Dominion and provincial governments for the past seven years. From this statement we learn the Dominion government proposes to make ordinary expenditures during 1921 totalling \$357,515,279 as compared with \$127,384,473 in 1914, an increase of 181%. Most of the provinces show very heavy increases also, the figures being as follows

	Province	1914	1921
Nova Scotia		\$2,098,893	\$4,555,556
P.E.I.		445,396	769,129
New Brunswick		1,493,774	2,886,526
Quebec		8,624,368	12,814,421

Ontario	11,819,311	20,880,203
Manitoba	5,638,658	9,740,078
Alberta	5,401,595	12,836,284
British Columbia	15,766,912	13,963,872

1921 figures for Saskatchewan are not given but the 1920 total was \$8,800,733 as compared with \$5,396,380 in 1914. These figures show clearly how rapidly our taxation burdens are increasing. They demonstrate the need for close supervision of public expenditures and the necessity for eliminating all unjustifiable and unnecessary expenditures. We need to catch our breath before we start ahead again, for from a financial point of view, we are out of breath trying to keep up, or in some cases, to catch up to the ever increasing burden of taxation.

The Long Term Investment.

Generally speaking, there are four periods in every financial movement. These movements usually last for a period of years and the four sections into which they seem to fall automatically are — prosperity, liquidation, readjustment and improvement. It is not very difficult to trace these various phases of business during the past ten years, although allowance must be made for the artificial conditions created by the war. Ten years ago, Canada was enjoying prosperity—we were going ahead by leaps and bounds. Just before war broke out the liquidation period set in and boom days faded into memories. Then came the war and abnormal conditions resulted. The war is over and we are now entering the fourth stage—business improvement, although we are still experiencing some of the final kicks of the readjustment period. Over the hill there awaits for us the first phase of a new financial period—prosperity.

In order to profit by the opportunities presented by these different periods of a financial movement the investor must be conversant with certain fundamental rules which underlie our financial structure. It is obvious that when conditions are good rates are low. When times are bad money is scarce and interest rates are high.

The man with money to invest today has a golden opportunity, no matter how little he has to invest. We have before us a review of financial conditions issued by Wood, Gundy & Co., bond dealers of Toronto which reminds one of the bargain sales our large departmental stores put on from time to time. They offer province of Quebec bonds due in 1955 at a price which will yield 7% to the investor. Bonds of the cities of Fort William and Port Arthur also yield 7% at the prices asked for them. Western cities whose bonds can be bought at a price to yield 7% to the investor include Saskatoon, Moose Jaw, St. Boniface and Lethbridge. These interest returns are higher than have been available for many a long day.

This is the day of the long term investor. The man who buys a bond today which will not fall due for a number of years is making sure of a steady high return on his investment until that bond is payable and he has the additional advantage of being able to sell his bond at a nice profit as soon as conditions improve, if he should decide not to keep it.

Every idle dollar should be at work, for the opportunities for safe, sound and profitable investment will not last indefinitely.

The U.S. Emergency Tariff

The United States Emergency Tariff which went into effect recently is a temporary measure, its operation being limited to six months. Should the powers that be decide to make it a permanent measure the effect on Canadian agriculture will be pronounced and will compel Canadians to seek other channels through which to dispose of their surplus production of agricultural and live stock products. Among the items included in the new tariff the following are worthy of special mention: 30% duty on cattle; 35 cents per (Continued on page 17)

About The Farm

Conducted by Allan Campbell

HARDY PLUMS FOR THE PRAIRIE PROVINCES.

Considering the hardiness, the popularity, and the ease in raising it, the native plum appears in surprisingly few gardens. There is a keen demand for this fruit every season and possessors of an orchard of plums have a ready market close at hand that they may dispose of any they wish to. The desire for fruit of all kinds is on the increase, and while we readily buy imported fruit we should bear in mind that our own district in the prairies is capable of supplying us with a great percentage of our needs along this line. Plum trees are not hard to procure and when planted all they need is enough attention to keep the weeds away and an occasional pruning to keep them in a productive shape. Obtain them from neighbours or from reliable nurserymen in or near your own district so that the stock is raised from seed produced under the right climatic conditions. The fruit is very refreshing eaten raw and for preserving and the making of jam they have won high praise from those people who have given them a trial.

Plums will succeed well on a great many kinds of soil, the Americana and Nigra plums do best on clay loam soil, but also do well on sandy loam. All soils should be well drained or one will face disappointments. The more severe the climate in which the plums are grown the warmer the soil should be.

As no after cultivation will fully make up for neglect of the thorough preparation of the land it is far better to delay planting for a year in order to prepare the land in the necessary manner. This would at first appear to be time lost but the advantage gained will amply repay. Land which has been manured for root crops, ploughed in the autumn, and again ploughed in the spring and thoroughly levelled and pulverized with the harrow should be in good condition for planting the trees. Sod land ploughed in the autumn, top dressed in the spring with a good coating of barnyard manure and then ploughed again and thoroughly pulverized with a harrow, should also bring the soil into good condition.

Trees should have abundance of sunlight to thrive best and produce fruit of good color, and they cannot obtain this if they are too crowded. If the trees are planted the same distance apart each way with a view to leaving them all as permanent trees, they should be planted from 15 to 20 feet apart, depending on the varieties chosen. If the orchard is not naturally protected from the wind by trees or by rising ground, a windbreak may be planted with good effect along the north and west sides, or any other side from which the greatest injury comes, the object being not to stop the wind altogether but simply to check its velocity, as if a windbreak is high and very dense it stops the circulation of air in the orchard to a large extent, and this gives very favorable conditions for the spread of both insect pests and fungous diseases. A proper windbreak lessens the force of wind and thus protects trees, which will grow straighter and shapelier; it will also lessen amount of windfalls. Wind is one of the most important factors in drying out the land and causing drought. If its force is checked by a windbreak the evaporation of moisture from the soil will not be so great. The windbreak should not be planted nearer than 40 feet from the first row of trees. The trees in the windbreak may be thinned out somewhat later if desirable.

Plum trees one or two years of age will give the best satisfaction. If planter does all the cultivation himself, small trees will be more satisfactory, as they start more readily than larger ones.

The spring is the best time to plant plum trees, and the earlier it is done the better, providing the soil is dry enough to work without puddling. As it is of the greatest importance to get the trees planted early in the spring, and as when ordered from nurserymen in the spring it is difficult to get them as early as required a good plan is to order them to be delivered in the autumn and when delivered heel them in well drained soil until spring. After the trees are taken out of the soil, great care should be taken to prevent the roots from becoming dry before planting

as if they do, the tree is almost sure to die. To avoid such drying of the roots the young trees should be carried wrapped up in old sacking that has been soaked in water but before exposing the roots of the trees the holes should be dug. In making the hole for the tree it should be remembered that a hole just sufficient to accommodate the roots is not really sufficient but a hole should be dug somewhat larger than will accommodate the roots to spread to their full extent. By all means avoid crowding the roots as it gives a very poor start. See that there is loose soil in the bottom of the hole and keep the surface soil separate when digging the hole for use in covering the thin fibrous roots, then when all the inner soil is used up for this purpose finish with a covering of the coarser soil that was originally the bottom of it.

Roots of plum trees have not many fibres, therefore it is best to spread what there is carefully to get the best results. Broken or bruised roots should be cut off before planting the tree. See that the soil is worked thoroughly around the roots to avoid air spaces and when the hole is about half full it should be tramped with the feet. It is advisable to leave the surface soil loose to help prevent evaporation.

If one year old trees are used, all side branches should be removed and the trunk pruned back to a height of two to three feet above the ground, leaving the tree a mere whip. The branches of two year old trees should be pruned back so as to leave only about four buds on each, but from four to six branches are all that are necessary to make a good and symmetrical top, and these should be cut back to the trunk.

The varieties recommended for the prairies are as follows: Cheney, Aitkin, Assiniboine, Odegard, and the best seedlings of the Manitoba Native Plum.

THE PRESERVING OF EGGS.

It would appear that the preserving of eggs is attracting a good deal of attention these days, hence some data on the method of procedure will be of general interest. The extent to which prices have been forced during the past few years has put the average housewife on her guard and the natural development of this attitude has brought to the fore a number of defensive measures along the line of preserving foodstuffs.

It is essential that all eggs intended for preservation be infertile and perfectly fresh and that they should be completely immersed throughout the whole period of preservation.

Two of the best kinds of preservatives for eggs are lime-water and water-glass. The method recommended in the case of the former is to obtain some good freshly burnt quicklime, slake the lime with a small quantity of water and then stir the milk of lime so formed into water, the rate being 1 pound of lime to 5 gallons of water. After the mixture has been kept well stirred for a few hours it is allowed to settle. The liquid, which is now "saturated lime-water" is drawn off and poured over the eggs, previously placed in a crock or water-tight barrel. In some cases, owing to the impurities in commercial lime, it is well to use more than is called for in the above recommendation.

As exposure to the air tends to weaken the solution, the vessel containing the eggs should be kept covered. The air may be excluded by a covering of sweet oil or by sacking on which a paste of lime is spread. If, after a time there is any noticeable precipitation of the lime, the lime-water should be drawn off and replaced with a newly prepared solution. At the commencement of the operation, all cracked eggs should be culled and only clean sound ones placed in the crock. For the retaining of good flavour in the eggs, if the place where they are stored maintains a temperature of 40 F. to 45 F the chance of attaining this end will be favorable.

Water glass (sodium silicate) is considered to be a good second choice as a preserver of eggs, and is used at a rate of about 5 pounds to 10 gallons of water. The same rule applies in regard to culling the cracked eggs, and the eggs should be kept completely covered by the liquid.

(Continued on page 13)



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WORLD-WIDE SUPPLY OF MAGNESIUM CONTAINED IN RAPIDLY MATURING LAKES OF BRITISH COLUMBIA

(Continued from page 9)

contain the world's biggest supply. Elaborate machinery has been installed, and mining is progressing on an extensive scale. There is a chain of five similar lakes close to the town of Clinton, B.C., where commercial development is also going on.

As the magnesium lakes are situated in the heart of a great natural storehouse of mineral and agricultural wealth, easily accessible to marketing centres, there is no doubt that the industry is on a permanent basis. Regular shipments are being made from Clinton on the Pacific Great Eastern Railway to Vancouver, from where the crystals are sent across the line to the refineries at Orville, Wash.

These remarkable magnesium lakes are found only in glacial regions of inter-mountain plateaux traversing the western section of the North American continent of the New World. Before the war Germany and Austria in the Old World produced the bulk of the supply of magnesium. The development of the British Columbia lakes is another step forward in the exploitation of Canada's great natural resources.

"MOVING DAY."

(Continued from page 7)

glamor off everything, from Davy's point of view, to know that she had tired herself doing all this, and would remind him that he could not afford help for his wife. So she went away, bathed and powdered her face a bit, "did" her hair and put on a fresh cream muslin dress with little blue and yellow flowers on it.

Then she laid the table and waited for Davy to come. This time she would not come smudgily in from the kitchen after he got into the house, she would meet him at the door as she used to do—was it only a year ago?—when they were lovers.

"Oh, Doris, you do look stunning, but don't tell me there's company—I couldn't stand it, I've had such a day."

"No, goosie, my dolling up doesn't always mean company; I'm dressed up for Davy, the only person I ever really, truly dressed up for in my life."

"Dear old Doris—the best ever," squeezing her arm affectionately.

"Hello, hello," he said when they went in, "why this is swell, what've you been doing to the old morgue?"

"Oh, I got Tom Lucas in to help me and we moved things 'round a bit to make more room," said Doris carelessly.

"I should judge you had done considerable moving," Davy answered, his eyes roving from object to object and coming to rest appreciatively on his chair by the inviting window.

After a jolly little dinner he slumped into his chair, put on his slippers, lit up and reached for the "Financial News," but hearing a yell or two he looked out and there were the boys assembling for their baseball game on the vacant lot. Up went the window, he leaned his elbows on the sill, smoked, laughed, and occasionally yelled and waved his arms as he watched. Doris, ridding away and doing up the dishes looked in now and again with a smile.

After a while the game was over, with loud disputes, the boys began to disperse: "G' night Buck," "G' night Skinnay," "G' night Happy,"—the voices came in varying tones and directions. Showing their cognizance of an audience a number of voices sang out, "G'night Mr. Perkins."

"Good night boys—great work." Then some deprecating laughs and they went.

Doris was sitting by Davy now and he turned with a smile, "I was just thinking, little one, that we're not so badly off. The Inspector was telling me they'll be opening up some new branches up North in a year or so and I'm practically sure of a managership. We're pretty comfortable here, aren't we? The waiting time will be pretty pleasant in the cozy old house and the friendly old town."

"Oh yes Davy, I'm happy here; and look at the apple blossoms coming out so lovely and pink. Isn't Spring great?"

"Yes, Spring is—well, it's just you Doris," and indeed she looked it in her flowery gown.

The Bounties of Treasure-Laden British Columbia Valleys are Yours!



The merry pickers have been busy for a month with Cherries and early Apricots—now they turn to other orchards in the valleys and for the month of August will be busy picking and packing such fruits as the famous B.C.

**Apricots, Peaches, Plums,
Bartlett Pears, Crab Apples,
Duchess and Wealthy Apples**

There is a time when these fruits are at their best—they are picked as ripe as possible to reach your market so you'll get them in their prime—the time to buy is when they just come in to your dealer. But unless you tell him you want them, you may be disappointed. Decide on what you will require.

ORDER FROM YOUR DEALER NOW
By the CRATE or BOX

You'll find prices very much to your liking and the quality of B.C. Fruit this year equals, if not surpasses its best hitherto. Have you got your bottles ready?

This series of advertisements issued by the producers and distributors of British Columbia Fruit.

THE BEST LINIMENT

OR PAIN KILLER FOR THE HUMAN BODY

Gombault's Caustic Balsam

IT HAS NO EQUAL

For the Human Body — It is penetrating, soothing and healing, and for all Old Sores, Bruises, or Wounds, Felons, Exterior Cancers, Boils, Corns and Bunions. CAUSTIC BALSAM has no equal as a Liniment.

We would say to all who buy it that it does not contain a particle of poisonous substance and therefore no harm can result from its external use. Persistent, thorough use will cure many old or chronic ailments and it can be used on any case that requires an outward application with perfect safety.

A Perfectly Safe and Reliable Remedy for
**Sore Throat
Chest Cold
Backache
Neuralgia
Sprains
Strains
Lumbago
Diphtheria
Sore Lungs
Rheumatism
and
all Stiff Joints**

REMOVES THE SORENESS—STRENGTHENS MUSCLES
Fornhill, Tex.—"One bottle Caustic Balsam did my rheumatism more good than \$120.00 paid in doctor's bills."
OTTO A. BEYER.
Price \$1.75 per bottle. Sold by druggists, or sent by us express prepaid. Write for Booklet B.
The LAWRENCE-WILLIAMS COMPANY, Toronto, Ont.

Pack Your Butter In This Tub

made of indurated Fibreware—which is wood pulp—moulded under tremendous hydraulic pressure and baked to flint-like hardness. Affords positive protection against deterioration. Every farmer should use

EDDY'S INDURATED FIBREWARE Butter Tubs

Absolutely impervious to taints and odors—there are no cracks or crevices or hoops. They are light for shipping—and so strong and durable and so easily cleaned, they can be used over and over again.

Made in Canada
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E.B. EDDY CO.
Limited
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Makers of the
Famous EDDY
MATCHES



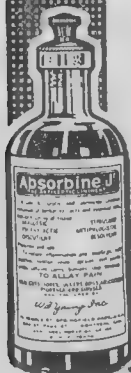
tired feet

Feet that are tired and sore from long hours of standing soon become rested and refreshed by gently rubbing them with Absorbine, Jr.

A hot foot-bath containing a few drops of Absorbine Jr. will have a delightfully soothing effect on weary feet at the close of a strenuous day.

\$1.25 a bottle at most druggists. A liberal trial bottle sent for 10c.

W. F. YOUNG, Inc.
509 Lyman Building,
Montreal.



Absorbine Jr.
THE ARTIFICIAL LINIMENT

When writing advertisers, please mention
The Western Home Monthly

ABOUT THE FARM.

(Continued from page 11)

When boiling preserved eggs it is as well to start them in cold water and bring it to the boil as the shells become somewhat brittle and non-porous and are likely to crack when immersed in hot water. Pricking the eggs with a pin before putting them in hot water is another method and will allow the expanding air to escape.

THE CARE OF CREAM.

When one considers the many and varied processes that go to the production of cream it is disheartening to "fall at the last fence" or in other words be awarded the grade of "sour" on the check returned from the creamery. The feeding and care of the dairy herd, the cleaning of utensils, and the separating may be all that can be desired, but the storing and cooling may be the weak point that will veto our best efforts. A few pointers in regard to this important phase will perhaps help in the latter phases of the operation.

The cream should be separated in a room which can be kept clean, free from dust and impure air, and the separator should be washed and scalded every time it is used. Cool the cream to 55 F., by setting it on the ice, cold spring water, or cold well water immediately after it has been separated. It certainly pays to put up ice for use in the dairy.

It is important to note that all dairy utensils should first be rinsed with warm water, then washed with hot water, dissolving some good washing powder in same, after which these utensils should be scalded with boiling water, and placed on their sides, being given plenty of pure air and sunlight. As the heat of a utensil, having been properly scalded, will readily dry it, a cloth should be dispensed with in favour of a fibre brush and the latter used only in the washing process. The use of wooden or galvanized pails is against good system, well tinned pails without flaws are the more sanitary kind. The stopping up of holes in tin pails by means of wooden plugs or pieces of cloth will likely bring trouble, as such places will prove a harbourage of sour particles.

The best time for separating milk is immediately after it is drawn from the cow. The longer the time which elapses between milking and separating, the less favorable are the conditions for complete separation. If the milk cools below 85 F., there is a tendency for too much fat loss in skim milk. Expert advice states that no separator will satisfactorily skim milk that is cold, especially milk which is 24 hours old. Do not mix cold and warm cream.

EDITORIAL.

(Continued from page 3)

construction are so organized that there is not room in them for the "man who sings at his work." It is inevitable that the tasks of men who labor under such conditions must be the monotonous repetition of one minute operation. They cannot plan; often they cannot see the relation of their own set of motions to the other parts of the process, still less to the process as a whole. Yet the foreman of every gang of shovelers knows that he can get vastly more efficient work from his men if, by some device, he can awaken their interest and arouse their initiative. It is therefore to the advantage of the employer, as well as to that of the employee, that the lost element shall, in one way or another, be restored to industry. If the thing now lacking only had a name, its vital importance would be more widely recognized.

Don't Hunt for Trade

without using high-class advertising mediums. *The Western Home Monthly* will suit your requirements.

Profit by the experience of others

—which has taught thousands that Instant Postum is better for health than tea or coffee.

POSTUM has a flavor similar to coffee, but contains nothing that can disturb health and comfort.

"There's a Reason"
for POSTUM

Sold by grocers everywhere



For just such happy moments as this, Coca-Cola was created delicious and refreshing.

Made in Canada by
THE COCA-COLA COMPANY
Winnipeg Montreal Toronto

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PIPE or PIPELESS HECLA MELLOWAIR FURNACE

A house is only as good as its heating plant — a HECLA means guaranteed economical heating to any house.

Send this
Coupon for
Free Facts
TO-NIGHT!

CLARE BROS. WESTERN, LIMITED - WINNIPEG

Send me, free, all particulars about
HECLA (Pipe or Pipeless) Furnace.

Name..... Address.....

Aunt Belle's Comfort Letters

Aunt Belle is a real person and that is her real name. She knows a lot about babies. Why not write to her about your babies?

Baby's Eyes

Dear Anna:—

So many mothers seem not to appreciate how sensitive and easily strained are Baby's eyes. Just a little neglect has often impaired an infant's vision for life.

Never let a baby look at pure white. I have seen many bassinets completely draped with white. Always mix in some other soft, neutral shades.



Also, never place baby outdoors so he must look at a white house on which the sun is shining.

I agree with you fully that no one ought to experiment on



Baby's skin. There may be talcums as good as Mennen's, but I know there are many which are very inferior.

A Talcum that has held the confidence of mothers, nurses and doctors for over forty years is the kind that I prefer.

Grandma was saying the other day that she used Mennen's on Mother, who used it on me and I use it on my young ones. Mennen's must be safe to be handed down that way from generation to generation.

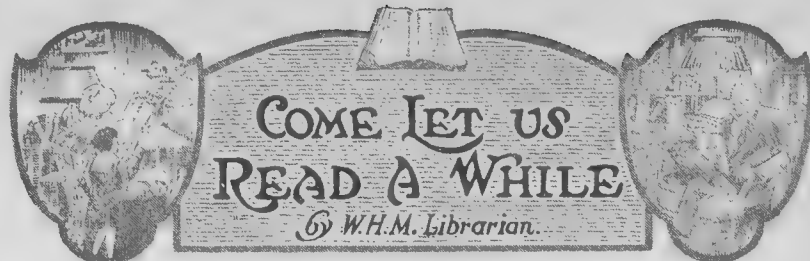
Lovingly,
BELLE

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Sales Agents for Canada:
Harold F. Ritchie & Co., Limited
Toronto, Ontario



COME LET US READ A WHILE

W.H.M. Librarian.

A couple of weeks ago when writing to one of our Canadian publishers I remarked upon the great number of love stories published each year. In reply, he said that he too, at times, had become impatient with the excessive diet of love stories, "but, of course," he continued, "persons will fall in love, you know and others want to know all about how it happens and what it is like, etc. etc."

He was right. For after all, look at the world how you will, it is love that makes the wheels go round. "All the world loves a lover" said the wise Emerson. And all the world loves to read about folks in love. Love for humanity, the love of parents for the child, the love of man for a maid, the love of the strong for the weak, the love of youth for adventure and the love of old age for peace! See what a number of variations there are to the great theme of love. Each or several have been woven time and again, year after year, even month after month, into novels. And always the story is new, always it holds one's interest, so long as it is well written. That is the one and only test we need apply to our numerous love stories. Are they well-written? Have they a fresh treatment to the old plot? A new viewpoint, a touch of originality? Do they enthrall, do they gather us into the magic circle of the fiction characters, so that we feel as if we are really living with them? If so, we greet each new love story—he they ten hundred of them with whole-hearted acclaim.

THE FOURTH DIMENSION.

Is certainly a love story and equally certain it is a lovely love story to read! It is written by a very clever English writer, Horace A. Vachell.

Jess Yeo is a brilliant young girl who has been brought up in a conventional English home by parents who look upon the stage as a sinful profession. Strangely

enough, Jess develops great powers for acting although she has had no encouragement at home, nor can it be said that she has "inherited" her gift. Yet, there is she, young Jess Yeo, burning with the desire to become a great actress.

She does, after much bickering at home go on the stage and becomes quite famous. Now enters the inevitable the love element Jess Yeo marries a young writer as gifted as herself. Husband and wife decide their careers equally important. Cherrington, of course, will continue to write for his living and Jess wouldn't think of giving up her stage-life. So we find this young married couple living a very curious life together. Jess works so hard rehearsing in the afternoons and acting at nights, that she sleeps till noon every day and has no time for household cares. The devoted young husband shoulders all the responsibilities that usually fall to the woman's share and yet has not in return even the companionship of his wife. After many months of this unnatural relationship the strain begins to break down the nerves of Cherrington. He cannot do justice to himself because he has so many duties to perform for his wife. He still maintains that it is quite proper for Jess to behave as she is doing, and yet, deep down he is dissatisfied, unhappy, restless.

And what of Jess? Is she quite satisfied with her interpretation of love and marriage. Indeed she is not. There are three dimensions to her life. The nightly scenery of the stage behind her, the wing to the stage at her left, the wing to her right. But Jess has begun to realize that without a further dimension, life is incomplete. What is this fourth dimension? Well, if I have read this novel aright, that measure which gives every woman her full stature. A home instead of a mere house, children in place of worldly pleasures, loving service instead of self-indulgence. Jess wanted the fourth dimension, more than she wanted.

(Continued on page 15)

Feed the body well

Right food for the body is more important than right fuel for the engine.

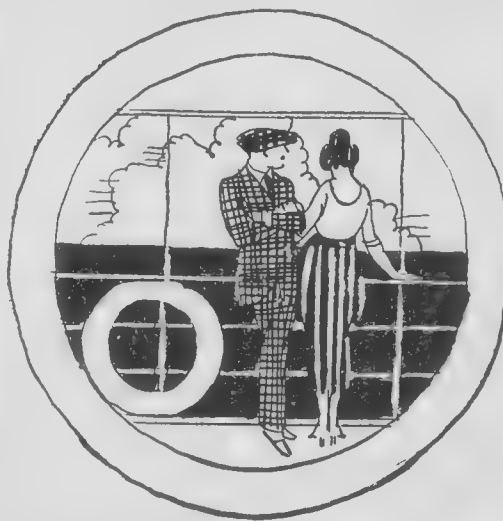
Grape-Nuts

is a scientific food, containing all the nutriment of wheat and malted barley. Grape-Nuts digests easily and quickly, builds toward health and strength — and is delightful in flavor and crispness

"There's a Reason" for Grape-Nuts



Remember this package and forget your tea troubles.
The Godville Co Ltd.



Such Comfort
Travelling
East
By Boat

GOING East to see the home folks? Make this a real vacation. Sail from Duluth or Port Arthur to the Soo, Sarnia, or Detroit, on one of the luxurious Lake Liners of the Northern Navigation Fleet.

TRAVEL EAST O'ER LAKE AND RIVER
DULUTH - PORT ARTHUR - SOO - SARNIA - DETROIT

Once you leave the train and board one of these magnificent steamers, you forget all about the dust and heat ashore.

How good the meals on board do taste, served in the beautiful dining Room, on the Observation Deck. How you do sleep, after a day on Lake Superior! How thoroughly enjoyable the daily life on ship-board, the promenades, dances, concerts, afternoon teas and masquerades, arranged by the Social Hostess.

THREE SAILINGS WEEKLY—From Duluth, Tuesdays, Fridays and Sundays From Port Arthur, Mondays, Wednesdays and Saturdays. Ask any railway ticket agent to include in your ticket the Northern Navigation Water Link or apply

R. CRAWFORD North Western Agent
364 Main Street, Winnipeg

NORTHERN NAVIGATION CO., Limited

(Continued from page 14)

ed the other three, so she stepped from the stage and entered her home where she acted with consummate skill the part of Mrs. Cherrington, a true and loving wife. And we are at liberty to imagine that she found the laughter of little children sweeter to her ears than the frantic applause which had once greeted her, before her life included the fourth dimension.

SISTER SUE.

Do you know sister Sue? An eldest girl of a family who shoulders all the responsibilities; who denies her own youth because those younger than herself must be happy; who stifles her own desires for fear they may clash with the desires of the other members; who has all work and no play; who hears harsh criticism never leavened by the yeast of approval?

Mrs. Eleanor Porter, just before she died so suddenly, wrote a most touching story about such a Sister Sue. Of all the heartless, selfish families that ever turned a home into a jail, Sister Sue's father, sister brother, yes and her first sweetheart too take the palm. Sister Sue was young; Sister Sue was lovely; she was gifted and she was ambitious. But because her mother died and because her family was selfish to the core, Sister Sue's life became a succession of never-ending duties, petty drudgeries that took up every second of her time, and drained her dry of her energy and her ambitions.

In "Sister Sue" one finds Mrs. Porter's philosophy of life expressed with her usual emphasis upon love and all that true love implies—self-sacrifice, self-forgetfulness tireless service and enduring faith.

In the end, Sister Sue does reap her harvest of rich reward through the understanding heart of a fine-souled man.

MARRY IN HASTE!

This is what Marjorie did, and she had ample leisure in which to repent. In a bright, whimsical story by Margaret Widdemer, entitled "I've Married Marjorie", we read how near to tragedy a war marriage drifted.

In a whirl of excitement pretty little Marjorie married a young officer about to leave for France. While he was at the front, Marjorie enjoyed writing to him cheering letters. I'm afraid she also enjoyed acting the part of the young and lovely war bride. How she shivered when she read the daily casualty list. But her husband is one of the lucky ones. The armistice is signed before the Boche get him and he returns to Marjorie. To be married to an absent hero is quite different from being married to a strange young man who talks with an air of possession. Marjorie has an attack of "nerves" and behaves quite shockingly. Fortunately, her soldier husband understands human nature. He kidnaps his frightened little Marjorie, takes her off to a lumber camp in Canada and teaches her to love him, by making her work like a little Cinderella!

Personally, I'm not quite sure that Miss Widdemer's solution was very sound. What do you think. Would you fall in love desperately with a man because he forced you to cook for dozens of men? Three meals a day, mind you, for men with appetites like wolves. What say you, oh! readers of The Western Home Monthly?

ABOUT AUTHORS

We all of us like to know something about the people who give us those gifts more precious than jewels—books, the best friends of all. The other day I was reading a short sketch of the life of H. G. Wells, who has written so many excellent novels and who has lately published a monumental work, "The Outline of History".

From this sketch I gather that Mr. Wells is fifty years old. He was born in what he describes as "that queer indefinite class that we call in England 'the middle class'". His parentage was humble enough, his mother being the daughter of an innkeeper, and his father the son of Lord de Lisle's gardener.

His father kept a little shop in the outskirts of London and eked out his resources by playing cricket. The shop was unsuccessful, and Mr. Wells' mother, who had once been a lady's maid became housekeeper in a large country house. Mr. Wells was expected to become a shopkeeper and indeed left school at thirteen for that purpose, being apprenticed first to a chemist, then to a draper. Proving satisfactory to neither and doubtless rebelling against them both, he struggled for (and finally got) various grants and scholarships, which enabled him to take a degree in science at the University of London. There he studied comparative anatomy under Professor Thomas Huxley.

The Literary Kink

After his graduation he taught Biology for two or three years. He then became a journalist. "Some little kink in my mind," he says, "has always made the writing of prose very interesting to me." At first he wrote literary articles and criticism, and presently short, imaginative stories in which he made use of the suggestions of modern science.

Mr. Wells describes the literary life as "one of the modern forms of adventure"—lifting a poor man out of his narrow circumstances into familiar and unrestrained intercourse with a great variety of people.

This world is not so bad a world,
As some would like to make it.
Though whether good or whether bad,
Depends on how we take it.

GRAND-DADDY'S OLD STRAW HAT

By Nellie Stewart Bird

I have looked it o'er and o'er,
As it hangs behind the door,
On a nail;
Where it's hung for many a year
And it always brings a tear
Without fail.

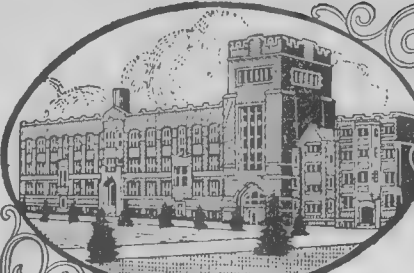
Just my old grand-daddy's hat,
Made of straw and old at that,
But it's there;
Where I see it every day
As I work and work away
At my care.

How he hoed among the corn,
Many days in early morn,
When 'twas cool;
I still see him tall and bent,
As through all the rows he went,
Near the pool.

And when tired then would he,
Sit beneath an apple tree,
For awhile;
Raise his old straw hat and how,
With his 'kerchief wipe his brow,
As he smiled.

There's the ragged rim and crown,
But I cannot take it down,
From its place;
Where it hangs amid the dust,
For oftentimes I think I must,
See his face.

As it smiled, though old and thin,
From the heart that beat within,
Years ago;
Though the memory brings heart pangs,
Yet his old straw hat still hangs
On the door.



Regina College

E.W. STAPLEFORD B.A., D.D., President

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A Residential and Day College for Girls and Young Women, Boys and Young Men. Residential life under helpful supervision adds greatly to the cultural value of a College training.

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REV. D. BRUCE MACDONALD, M.A., LL.D. Headmaster

Calendar Sent on Application

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For particulars apply to the Principal.

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Re-opens September 13th.

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Music no longer difficult! New plan makes it easy to learn by home study. Positively easier than with private teacher. Faster progress. You will be able to play your favorite instrument in a few short months! More than 250,000 men, women and children have learned by our method. You, too, can learn in your spare time.

H. S. Whittemack, New York, writes: "I compliment you on your wonderful system. Did not know one note from another, but in a short time have mastered the piano and am now composing music."

Amazing Offer

We want to have one pupil in each locality at once to help advertise our home study method. For a short time, therefore, we offer our marvelous lessons at practically no cost, charges amounting merely to about the cost of sheet music. Beginners or advanced pupils. Write for amazing free book giving all the facts and particulars. Send a postal today! Instruments supplied when needed, cash or credit.

U. S. School of Music
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Louise Bowles, New York, Va., writes: "Received my teacher's certificate. I highly recommend your school and wouldn't take anything for the help it has given me."

G. N. Pitts, Macomb, Ga., writes: "Have completed your course on violin. Now have 16 stud. ita."

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Offers courses leading to degrees in Arts, Science, Medicine, Pharmacy, Law, Civil and Electrical Engineering, Architecture, Agriculture and Home Economics.

The range and efficiency of courses in Arts and Science and the facilities for clinical work in connection with the course in Medicine are surpassed in few institutions on the continent.

For terms of admission, details of courses information as to fees, etc., apply to

W. J. SPENCE, Registrar,
University of Manitoba, Winnipeg



At School: DOMINION students progress quickly because of our individual method of tuition.

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The Dominion Business College

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WINNIPEG.

"Thoroughness and Security"

BUSINESS can always be good if it is gone after in the right way. Advertising in "The Western Home Monthly" is an effective method.

When writing advertisers, please mention The Western Home Monthly

From time to time, during the war, there appeared both in papers and magazines articles predicting that the "Great War" would be followed by a war between sexes which would, in some ways, rack the world to a greater extent than the war between Germany and the Allies. Many people smiled at this and claimed that the great services rendered by women during the war would be the means of securing to them equality of rights—in fact, that any other attitude on the part of men and governments was unthinkable.

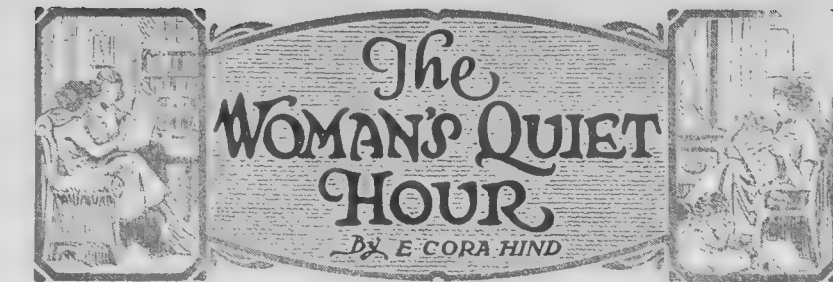
Little items here and there in press and magazine would indicate that the "unthinkable" is not only being thought but being put into practice by men in regard to women.

Organized labor has been loud in its protestations of equal rights for women and has been most insistent that unions of women come out on strike whenever it suited the men for them to do so. But what is the real mental attitude of the unionized man towards the woman worker? Talk is cheap and often sounds very convincing, but votes are what really count and during June the American Federation of Labor showed plainly where it stands on this question of equality.

Here is a little paragraph which every woman worker in Canada will do well to ponder carefully:

"Denver, Colorado, June 24.—The convention of the American Federation of Labor today voted down a constitutional amendment designed to give 'women equal rights and privileges of membership in the union of their trade or industry. All affiliated unions, however, were urged not to discriminate against the woman wage earner and admit her to membership."

Lovely idea of justice, is it not? "Have the women linked up with labor so that



when we want a sympathetic strike or a strike of any kind we will have power to call them out of their jobs, but don't let them have rights and privileges, we will keep them for ourselves," say union men, and yet the United Farm Women of Canada are beguiled into thinking that organizations of farmers can link up with union labor and travel in harmony to the same goal.

United Farmers have, after much travail, granted to women an equal standing with themselves and yet they propose, indeed seek, to unite with large bodies of men who declare that women shall not have equal rights with them even when they work in the same industry, and farm women seem blind to where this may lead. Of course, the attitude of union labor on this question is not difficult to understand. During the war women committed the unpardonable crime of doing most of the men's jobs not only as well, but in many cases much better than the men had ever done them; moreover they were quite willing to turn out more product. Jealousy and fear are at the root of all the attempts at repression which men have exercised towards women through the ages, and the ability shown by women during the war has only increased that fear and jealousy. Immediately following the war, when

there was an effort being made to bring out ex-service women from Britain the Canadian ex-service men and the representatives of union labor promptly joined hands to protest against any women being allowed to come out unless they came to go into domestic service, and the representatives of the ex-service men and labor went so far as to ask that any women brought out must be guaranteed to remain in domestic service. The writer sat on the immigration conference at Ottawa where this request was voiced.

The few women who come through to Canada for other jobs than housework state quite freely that the condition of women in Britain, in regard to employment, is infinitely worse than it was before the war, and some of them, with pretty wide experience of what is happening over there, state that it is fully fifty per cent worse.

None of them appear to feel any injustice at giving back to an ex-service man the job he held before the war, but many of them do object, and it is a very natural objection, to giving up positions which they occupied before the war, to ex-service men who have had no training for the position and are merely determined that they will have something easier and pleasanter than

they had before the war, and who are given these jobs on the ground of military service only, without any regard to efficiency. These statements are made very largely in connection with the civil service.

The ex-service women coming to Canada evidently feel bitterly that their very material contribution to the war, a contribution without which the war could not have been won, is now being almost if not quite ignored, and actually in some cases militating against them, and if the opinions and feelings of the women coming out from Britain are any indication of the feelings of those remaining at home, there is a sex war on there now in spirit if not in actual fact. The end of such a state of things is hard to determine, but one thing is certain, the women are not going to take such treatment in the same spirit they might have taken it ten years ago.

On the American side men are now proceeding to interfere with women smoking. Personally I object strongly

Smokes

just as I object to men smoking either in public or in private. But if women want to smoke they assuredly have as much right to do so as men. Representative Paul B. Johnston from Mississippi wants women to be fined \$25 for smoking in a public place and \$100 for every cigarette after that. He does not smoke himself but does not object to other men doing it. Women smoking according to Mr. Johnston is going to contaminate the race. I wonder if he ever stopped to think that possibly many a woman has inherited a taste for tobacco from a father who indulged freely in the weed? Mr. Johnston claims his respect for women drops when he sees them smoking, possibly (Continued on page 17)



PURITY FLOUR

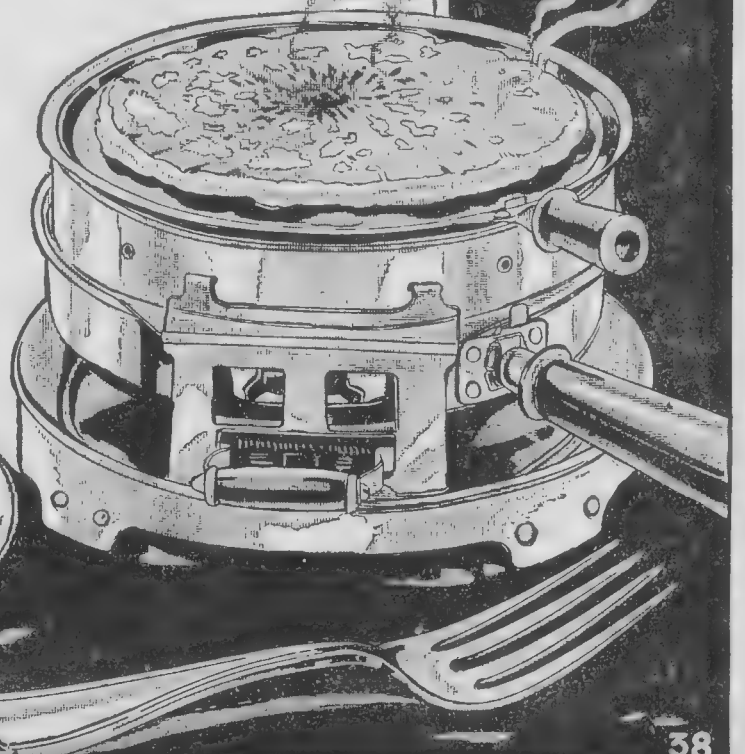
"More Bread and Better Bread."

Like the Hall-Mark on Gold, the name Purity Flour on a sack of Flour is the stamp of genuine quality

—your assurance of perfect baking results.

Ask your Grocer for a bag of the new "High Patent" Purity Flour.

Use It in All Your Baking



(Continued from page 16)

the respect of women for men may have suffered the same shock under similar circumstances. Mr. Johnston is quite determined "at sauce for the gander is saucy for the goose."

If there is to be a sexes war it behooves men to stick together, do nothing unnecessary to stir up antagonism between the sexes but steadily, quietly and determinedly hold for their rights and at every possible occasion, where they have a franchise, use it to protect the rights of women and children.

It is in which United Farm women help their sisters in industry. It would be to vote solidly against organizations of farmers linking up with labor until labor is and willing to give women full g with men in labor unions.

women occupy a strategic position. Farm men are not fearful or jealous that women will outdistance them in farming. The mortgage companies have taught them, if nothing else has, that women on the farm are essential to success. The position of the farm woman is impregnable. All that is necessary is for her to recognize her strength and use it unitedly and intelligently for the benefit of herself and her less fortunate sisters in urban industry.

(Continued from page 10)

bushe on wheat; 20% on wheat flour; 15 cents per lb. on unwashed wool; 30 cents on washed and 45 cents on scoured; 25c. per bushel on potatoes; \$2 per head on sheep. All these products formerly entered the United States duty free. The duty on butter has been raised from 2½ cents to 6c. per pound.

Some idea of the effect of this new tariff may be obtained by examining the value of imports of the products affected, by the United States from Canada during the year ended March 31, 1921, shown hereunder:

Product	Amount	Value
Butter	5,993,786 lbs	\$3,156,951
Potatoes	4,204,684 bus	8,328,862
Cattle	294,009 head	21,232,551
Sheep	183,634 head	1,700,992
Wheat	42,324,894 bus	91,442,298
Wheat flour	1,187,750 bbls	12,023,090
Wool	7,128,065 lbs	2,094,691

THE BERRY PICKERS

When suns grow warm on Summer days
And fill the air with sultry haze,
Who wanders out through country ways?
The Berry-Pickers.

Some go by auto, some on foot,
And some may even go by boat
To pastures far and hills remote,
Where sunshine flickers.

And some may travel far afield
Where luscious berries lie concealed
To find, Alas! the truth revealed
To luckless pickers.

The man who owns that pasture lot
Has put a notice on the spot,
Which says he'll make it very hot
For Berry-Pickers.

They read the warning on the fence
"To trespass here is an offence"
Then grab their pails and travel thence,
Sad Berry-Pickers.

As home they go at close of day
They moralize upon the way,
And this is what we hear them say
Wise Berry-Pickers—

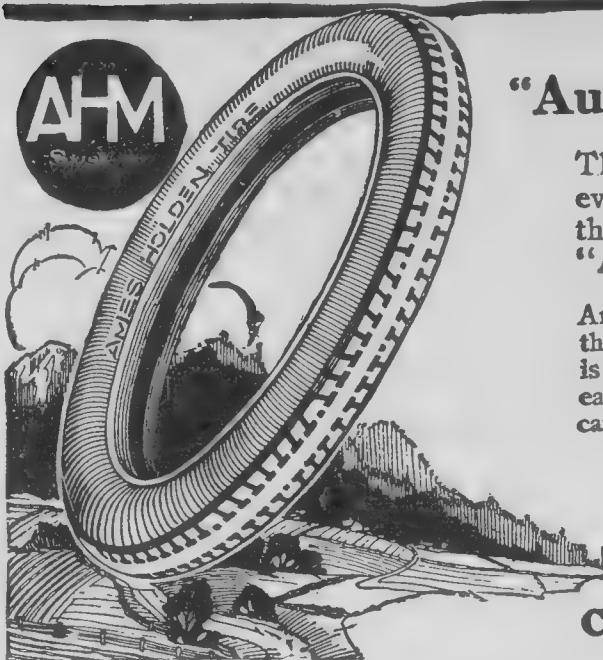
"Why does the tinkling cow-bell ring,
The Squirrel chirp, the robin sing,
Why is there room for everything
But Berry-Pickers?"

Who paints the gorgeous lily red
And bids the rose its perfume shed?
Who lays the wild fruit in its bed
For Berry-Pickers?

Who sends the sunlight's mellow ray
The fruit to ripen day by day,
And gives to all the right-of-way
Even Berry-Pickers?

Whose Hand alone has tilled the sod
Where black-eyed daisies smile and nod?
The wilderness belongs to God
And Berry-Pickers.

Let farmers fence the fertile soil
Where all day long they sweat and toil
But leave the prairie with its spoil
For Berry-Pickers."



"Auto-Shoes" Mean Mileage

The mileage given by the best tire you ever used would just about approximate the average given by Ames Holden "Auto-Shoes" year after year.

Ames Holden "Auto-Shoes" are miles better than ordinary tires. The name "Auto-Shoes" is to help you to remember that—to make it easy for you to get the cheapest mileage you can buy.

AMES HOLDEN "AUTO-SHOES"

Cord and Fabric Tires in all Standard Sizes

"Grey Sox" Tubes

Your Dealer Stocks

"Red Sox" Tubes

Ames Holden "Auto-Shoes"
Or Can Readily Procure Them For You



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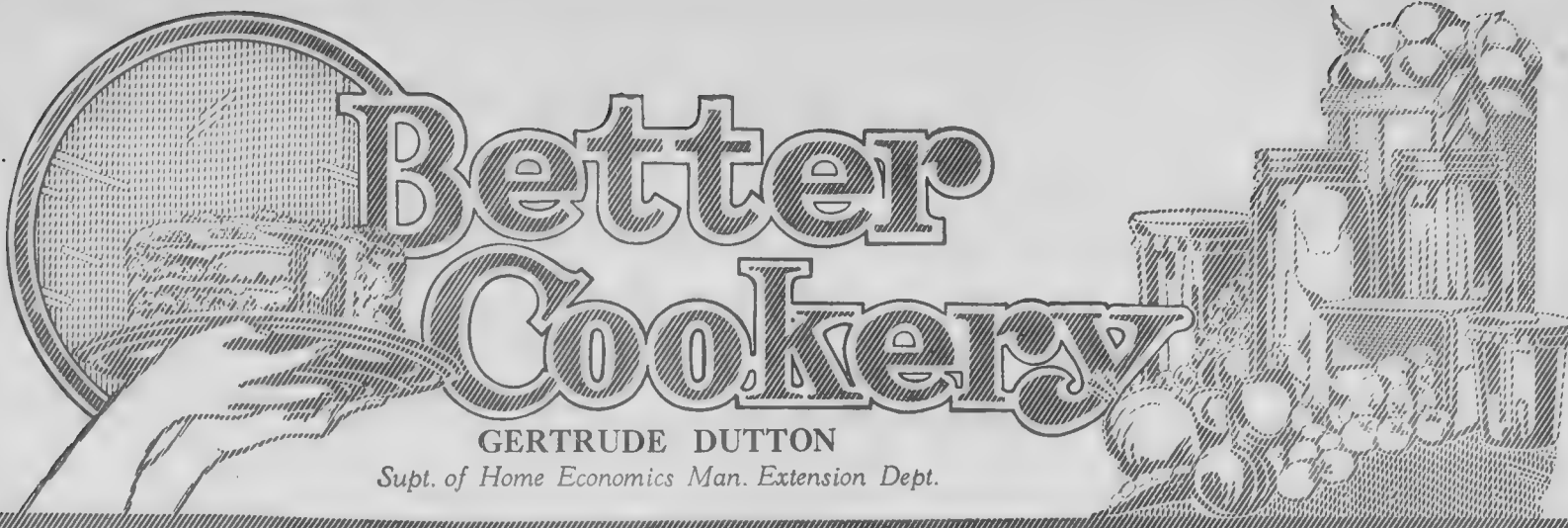
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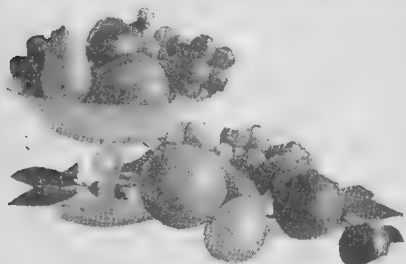
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The Western Home Monthly



GERTRUDE DUTTON

Supt. of Home Economics Man. Extension Dept.

**Serve a Salad Every Day.**

An attractive salad appeals to us particularly during the hot summer weather.

They are of three types, the light or "green" salad of such plants as lettuce, cucumbers, tomatoes, etc., the substantial salad of meats, fish and eggs, or nutritious vegetables, and the fruit or cheese salad, which is suitable for dessert.

If the family will eat oil dressings, a French dressing is more easily prepared than any other.

A substantial salad will very satisfactorily take the place of a hot dish for supper on a very warm day.

Lettuce and cress should be thoroughly washed, drained on a piece of clean cheese cloth, then kept in a cool place till serving time, as they wilt quickly after the dressing is added. A convenient arrangement for keeping greens crisp, is a white mosquito netting bag which is hung up in the lower part of the refrigerator.

SALAD DRESSINGS**French Dressing**

Salt, $\frac{1}{2}$ teaspoon
Pepper, $\frac{1}{4}$ teaspoon
Vinegar, 2 tablespoons
Olive oil, 4 tablespoons
1 tablespoon lemon juice and 1 tablespoon vinegar may be used.

Put the ingredients in a stoppered bottle and shake till thoroughly blended, or place in a bowl and beat with a Dover egg beater.

Cooked Dressing

Flour, 3 tablespoons
Mustard, 1 tablespoon
Salt, 1 tablespoon
Condensed milk, $\frac{1}{2}$ cup
Mild vinegar, 1 cup
Water, 1 cup
Eggs, 2
Butter, $\frac{1}{4}$ cup
Sugar to taste
Whipped cream if desired

Mix the flour, mustard, salt, and one or two tablespoons sugar. Add the beaten egg yolks, milk, water and vinegar. Cook over hot water, until thick, stirring constantly. Add more vinegar if wished. Beat in the butter after removing the dressing from the fire. When partly cooled fold in the stiffly beaten egg whites. Just before serving, whipped cream may be added.

Swiss Salad Dressing

Eggs, yolks of 2
Strained honey, 1-3 cup
Salt, $\frac{1}{4}$ teaspoon
Paprika, 1-8 teaspoon
Butter, 2 tablespoons
Lemon, juice of 1
Cream, $\frac{1}{2}$ cup
Bring the honey to the boiling point, pour into the egg yolks which have been well beaten, return to the fire and beat constantly for 1 minute. Take from the fire, add the butter, salt and paprika, beating till cool and thick. At serving time

stir in the lemon juice and fold the whip cream, or if it is unobtainable, the stiffly beaten whites of the eggs. If allowed to stand long after adding the lemon juice and cream, the dressing will separate.

Cucumber Cups

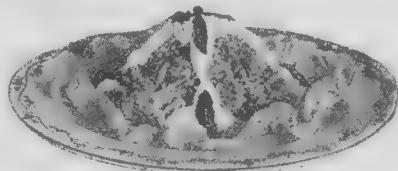
Pare cucumbers, cut in quarters crosswise, scoop out the centres, fill each "cup" with cubes of tomatoes, and arrange on lettuce leaves. Serve with French or cooked dressing.

String Bean Salad

Pile chilled string beans, cooked or canned cut in 1 inch pieces, in the centre of a salad dish. Around the base arrange slices of radish, overlapping each other. Serve with French or cooked dressing.

Macedoine Salad

On lettuce leaves on individual plates, arrange neat piles of various cold cooked vegetables, taking care that colors do not clash. Carrots, peas, string beans, lima beans, asparagus, cauliflower, beets, quarters of tomato, slices of radishes, potato, cucumber, may be used in various combinations. Serve with cooked or French dressing.



Prune and nut salad.

Pompeian Salad

Cabbage
Cheese, 1-8 pound
Cucumber pickle, $\frac{1}{4}$ cup
Salt, $\frac{1}{2}$ teaspoon
Paprika, $\frac{1}{4}$ teaspoon
Pimento, 1 teaspoon

Let the cabbage which has been quartered, stand in salted cold water for an hour or more. Drain. Chop the cabbage pickles, cheese and half the pimento, mix thoroughly, mix with dressing, add the salt and paprika. Decorate with strips of the remaining half pimento.

Clover Leaf Salad

Remove a slice from the stem end of large, perfect, green peppers. Wash, and remove the seeds carefully so as not to break the peppers. Fill solidly with Neufchatel, cream or cottage cheese, season to taste with salt. Set in a cold place to harden. Before serving, cut crosswise in half-inch slices, and place on beds of shredded lettuce. Pass dressing with it.

Tuna Salad

Flake a can of Tuna, mix with an equal amount of shredded cabbage or celery, and moisten with cooked dressing. Add salt if necessary.

Salmon Salad

Make in the same way as Tuna Salad. Garnish with slices of cucumber.

Sardine Egg Salad

Hard Cooked Eggs
Sardines
Lettuce
Dressing or lemon juice
Arrange individual nests of lettuce leaves. Cut hard-cooked eggs in quarters lengthwise. Arrange 3 or 4 pieces of egg, and 3 or 4 sardines neatly in each nest. Serve either with dressing or with quarters of lemon to squeeze over each salad.

Prune Cheese Salad

Prunes
Salt
Lettuce
Cottage, cream or Neufchatel cheese
Dressing

Select large prunes. Wash and soak over night in cold water. Steam till tender but not mushy. Chill and remove the stones. Crack the stones, and reserve the meats. Mix the cheese, salt, if necessary, and the finely chopped nut meats. Fill the cavities of the prunes with the cheese, and place on beds of lettuce. Serve with dressing.

Greenbrier Salad

Sliced pineapple
Neufchatel or cream cheese
Green peppers
Lettuce
dressing

Place a slice of pineapple on each individual bed of crisp lettuce leaves. On top of each slice put tiny balls of salted cheese. Wash the peppers, remove the seeds and white portion, cut in two lengthwise, then in very thin slices crosswise. Arrange in a border around the pineapple.

Berkeley Salad

Lettuce
Pineapple
Pimentoes
Canadian Cheese
Dressing

Arrange shredded lettuce in a salad bowl. Over it scatter shredded pineapple, coarsely crumbled cheese and shreds of pimento. Serve with dressing.

There is a long list of delicious salads which are particularly good as desserts.

Swiss Cherry Salad

Cherries stoned and drained. Lettuce nests. Swiss salad dressing

Swiss Grape Salad

Lettuce nests. Tokay grapes halved and seeded. Swiss Dressing.

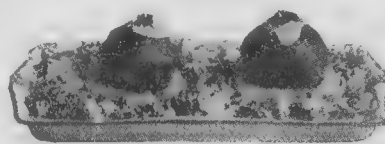
Pear Salad

Lettuce. Fresh Pears diced moistened with lemon juice or vinegar, to prevent discoloration. Swiss Dressing.

Peach Salad 1

Lettuce nests. Fresh peaches. Swiss dressing.

Cut the skin around the stone at both ends of ripe peaches. With the handle of a knife or fork push out the stone, taking care not to break the peach. Pare, and dip each peach in vinegar or lemon juice. Fill the cavity with Swiss Dressing.



Tomato and Pineapple salad.

Peach Salad 2

Canned Peaches. Dates. Lettuce. Swiss Dressing. Use one large half peach to each serving. Fill the cavity with dates cut in small pieces.

Watermelon Salad

Chill the watermelon. Scoop out the flesh with a dessert-spoon, giving the spoon a turn so that each piece will be egg shaped. Place the "eggs" in lettuce nests, cover with Swiss Dressing.

The Raisin

Just 70 years ago, the first raisin grapes were planted in California. The growth of the industry has been remarkable. The annual crop is now more than 125,000 tons and is steadily increasing. Fresno County alone produces more than twice as many as Spain.

The raisin grapes most commonly grown are of three varieties; Muscat, which are seeded, Thompson and Sultan, the two latter being seedless, are stemmed, cleaned and packed.

The Muscot vines produce about one ton of raisins to the acre. The [grape is dried and the seeds removed by a mechanical process.

The Thompson is a much smaller variety.

In the San Joaquin Valley, employment is given to thousands of people during the picking season.

After being picked from the vine, the grapes are placed on wooden trays, which lie between the rows of vines, to be dried by the sun. When the raisins are half dried, they are turned over, into another tray, and left till fully cured. Then the trays are stacked, ready for the sweat boxes, which are large 150 pound boxes, where the raisins are stored for delivery.

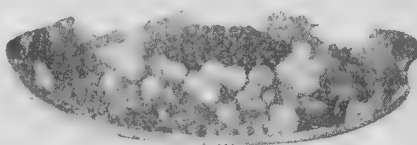
In the factory the stems are removed by machinery. A saw-tooth roll working on a soft rubber roll, removes the seeds from the muscats, and the same machine not only cleans, but also pasteurizes, the raisins. From the seeding machine they pass directly to the packing tables, where they are packed, while still hot, in 1 pound cartons or 25 pound boxes.

Raisin consumption is steadily increasing. In the United States it is 2 pounds per capita, in England 5 pounds.

MEASURES

One of the first essentials for the kitchen is a list of handy methods of "weighing out without scales." Following is the best working table:

For 1 pound of lard take 2 cupfuls.
For 1 pound of butter take 2 cupfuls.
For 1 pound white flour take 4 cupfuls.
For 1 pound of Graham flour take $4\frac{1}{2}$ cupfuls.
For 1 pound of corn meal take $2\frac{3}{4}$ cupfuls.
For 1 pound of granulated sugar take 2 cupfuls.
For 1 pound of powdered sugar take $2\frac{3}{4}$ cupfuls.
For 1 pound of confectioner's sugar take $3\frac{1}{2}$ cupfuls.
For 1 pound of brown sugar take $2\frac{3}{4}$ cupfuls.
For 1 pound of raisins (packed) take 2 cupfuls.
For 1 pound of currants take $2\frac{1}{4}$ cupfuls.
For 1 pound of stale bread crumbs take 2 cupfuls.
For 1 pound of eggs take 9 eggs (large).
For 1 ounce of butter take 2 tablespoonfuls.
For 1 ounce of flour take 4 tablespoonfuls.
For $\frac{1}{2}$ ounce baking powder take 6 tablespoonfuls.
For 1 tablespoonful take 3 teaspoonfuls.
For 1 cup take 16 tablespoonfuls (dry ingredient).
For 1 tablespoon (liquid) take 4 teaspoonfuls.
For 1 wine glass or $\frac{1}{2}$ gill take 4 tablespoonfuls.
For 1 pint take 2 coffee cupfuls.
For 1 ounce of salt take 1 tablespoonful.



Macedoine Salad.

ICE CREAM ECLAIRS

Eclairs are filled with ice cream, and covered with hot chocolate sauce, and sprinkled with chopped walnuts.

ROYAL YEAST CAKES RICH IN VITAMINES

MADE IN CANADA

The importance of Vitamines in food is being recognized at the present time to a greater extent than ever before. It has been conclusively demonstrated that yeast is rich in this all important element. Many people have received great benefit physically simply by taking one, two or three Royal Yeast Cakes a day. Send name and address for free copy "Royal Yeast Cakes for Better Health."

E. W. GILLET COMPANY LIMITED
TORONTO, CANADA
WINNIPEG

Mothers' Section

KEEPING UP APPEARANCES

The game of "keeping up appearances" is not a source of happiness. It is hard work, and is more than likely to make those who play it ridiculous, if not contemptible, in the eyes of the discerning; and if the discerning eyes happen to be those of the player herself, the spectacle she sees is humiliating indeed. Yet by assuming that the game is worth playing, and that everyone is playing it, the "Woman's Page" makes many a woman feel that she cannot endure to be out of it.

But that is not all. So marked is the tendency to value possessions and amusements according to their money cost that even people who can dress and furnish and entertain elaborately without special sacrifice are really in danger of losing one of their most precious possessions, the keenness of the power of enjoyment.

Pleasures that cost money have a way of obscuring pleasures that cost nothing, just as a brilliant light obscures a faint one, however garish the one or however beautiful the other. The gospel of "keeping up appearances", therefore, not only encourages the average woman to maintain a false standard of proportion in her expenditure of effort and money, but also sanctions the false money standard of pleasure that is threatening the happiness of our people.

Human nature tends to respond to whatever is asked of it. If women are expected to overvalue luxury, and to keep up a pitiful struggle for it, they will do it, even to the point of martyrdom. But whoever expects better things of them, and advises them that what they ought to desire is to gain the essence of beauty and order by means of proportionate outlay only, will evoke an even heartier response. That is the proper function of the "Woman's Page".

FAMILY LIFE

The oldest and best form of government is the family, and it is the best because it is the outgrowth of love. Family life should be a Divine life, and would be if we did not by our sin and our silliness mar it. And we should all bear in mind that it is not the great things which disturb family life and destroy the harmony of its music, but the little things: the surly tone, the peevish look, the sharp retort, the lapse of courtesy, the temporary surliness of temper or the evil habit—these working their evil results day after day, night after night, finally murder happiness in her own house and drive peace out of the door. Home should mean heaven; and if your home does not, friend, whose is the fault? Search into the matter and take your share of the blame. If you are moderately happy in your home, see if with a little more care and prayer—for the two go well together, in household matters—you cannot become supremely so. Don't fret. Don't scold. Don't worry. Don't be down-hearted if times are hard. Don't slam the doors, or feel as if you would like to. Don't give up going to church. Don't be a heathen. Whatever you lose, don't lose the joy of your home-life, nor let the cause of it slip out of your heart—Love.

BEAUTY IN A CITY OFFICE

By Grace G. Bostwick

I saw a bit of blue on high;
Between the high-walled spaces there
A silken billowed end of cloud
Flung like a scarf across the sky.

I turned to hear a gray old man
Above my desk ask grimly why
I sat and stared outside like that:
"Is some new airship passing by?"

I dared to show him, faint and far,
That rosy cloud against the sky
And then, thank God, I saw him smile
As light leaped to his weary eye!



"Spreads like butter"

Ingersoll Cream Cheese

THE flavor is mild yet it has a tang that is particularly pleasing and appetizing. It is so delicious it fairly melts on the tongue. It goes further than other cheese.

"Can be used in a hundred different ways"

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ORANGES

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Recommended for relief of insomnia, impaired nerve force and fatigue. Invigorates the entire system. A healthful and delicious drink—more cooling and refreshing than lemonade.

WHEN USING
WILSON'S
FLY PADS

READ DIRECTIONS
CAREFULLY AND
FOLLOW THEM
EXACTLY

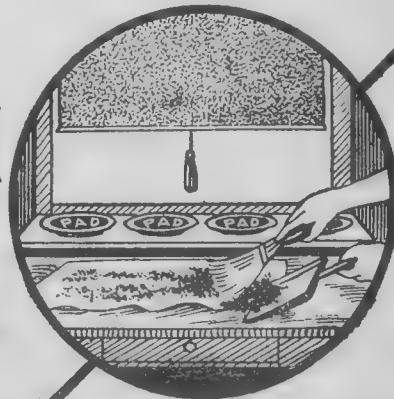


There is only one way to kill all the Flies

This is it—Darken the room as much as possible, close the windows, raise one of the blinds where the sun shines in, about eight inches, place as many Wilson's Fly Pads as possible on plates (properly wetted with water but not flooded) on the window ledge where the light is strong, leave the room closed for two or three hours, then sweep up the flies and burn them. See illustration below.

Put the plates away out of the reach of children until required in another room.

The right way to use Wilson's Fly Pads



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Reference to the address label on your magazine may show that your subscription has expired—or may shortly do so. The small sum of one dollar will insure uninterrupted service. Do it now!

THE WESTERN HOME MONTHLY, WINNIPEG

Monthly Fashions and Patterns

A Dainty Frock for Mother's Girl—Pattern 3500 is portrayed here. It is cut in 4 sizes: 4, 6, 8 and 10 years. A 6-year size will require $2\frac{3}{4}$ yards of 36-inch material. Voile, batiste, handkerchief linen, challie, repp, poplin, silk, gingham and chambray, also pongee and albatross are attractive for this design. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A Pretty Dress for Slender Figures—Pattern 3624 is here portrayed. It is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A 38-inch size requires $5\frac{3}{4}$ yards of 44-inch material. Linen, voile, organdie, foulard, crepe, crepe de chine, also taffeta, silk duvetyn, poplin and gingham are good for this model. The width of the skirt at the foot is 2 yards. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A Simple, Attractive Frock—Pattern 3626 is here portrayed. It is cut in 3 sizes: 12, 14, and 16 years, for juniors. A 14-year size will require $4\frac{1}{2}$ yards of 27-inch material. Gingham, percale, calico, lawn, organdy, crepe de chine and linen would be good for this model. The vest may be of contrasting material, of tucking, net, lace or organdy. The blouse is in "slip over" style. The skirt is mounted on a body lining. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A Comfortable House or Porch Dress—Pattern 3622 is shown in this illustration. It is cut in 7 sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. A 38-inch size will require 7 yards of 27-inch material. The width of the skirt at the foot is 2 $\frac{1}{2}$ yards. Gingham with pique for chemisette, collar and cuffs would be nice for this. It is attractive also for chambray, linen, percale, albatross, crepe, crepe mohair or flannelette. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

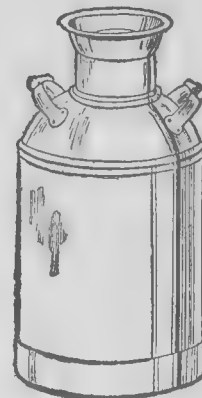
A New Play Apron—Pattern 3234 supplies this attractive style. It is cut in 5 sizes: 1, 2, 3, 4, and 5 years. A 4-year size will require $1\frac{1}{2}$ yard of 36-inch material. Gingham, khaki, unbleached muslin, cambric, seersucker, percale, and drill, are good for this model. As illustrated, the apron is made of white cambric, with stitching in red cotton. The pockets are "cut out motifs," finished and applied to the apron with stitching; the upper edge is left free to form the pocket opening. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A Good Apron—Pattern 3324 made the comfortable model. It is cut in 4 sizes: Small, 32-34; Medium, 36-38; Large, 40-42; Extra Large, 44-46 inches bust measure. Figured percale in white and black is here illustrated. One could have gingham, seersucker, lawn, alpaca, drill, or sateen. A Medium size will require $4\frac{1}{2}$ yards of 36-inch material. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

A Simple, Pleasing Night Dress—Pattern 3634 was used to make this attractive garment. It is cut in 4 sizes: Small, 34-36; Medium, 38-40; Large, 42-44; Extra Large, 46-48 inches bust measure. A Medium size will require $4\frac{1}{2}$ yards of 36-inch material. Figured crepe is here shown with feather stitching for a finish. Other suitable materials for this style are batiste, nainsook, lawn, cambric, crepe de chine, silk, and flannelette. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

Two Practical Kitchen "Essentials"—Pattern 3600 supplies these models in one size: Medium. For the apron one may use percale, madras, gingham, seersucker, drill or cambric. It will require $1\frac{1}{2}$ yard. For the oven cloth, unbleached muslin, denim or drill would be suitable for the foundation, and cretonne or gingham for pockets and facings. An interlining of asbestos is very desirable. $\frac{5}{8}$ yard of 36-inch material will be required. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps.

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Old Dutch cleans thoroughly; hygienically; quickly and with far less work. It removes grease, dirt and stains. It makes cans, pans and separators safe and sanitary. Economical—efficient.



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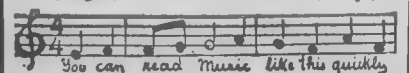
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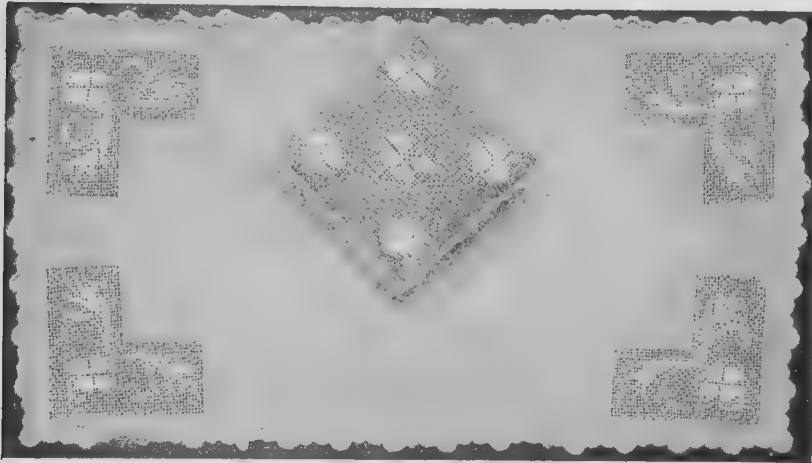


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Dresser Scarf and Pin Cushion



DIRECTIONS FOR CLOVER-LEAF PIN CUSHION AND EDGE FOR SAME

Materials—Mercer-Crochet, No. 80. Ch 182.

1st four rows—Each 59 sp, then follow design.

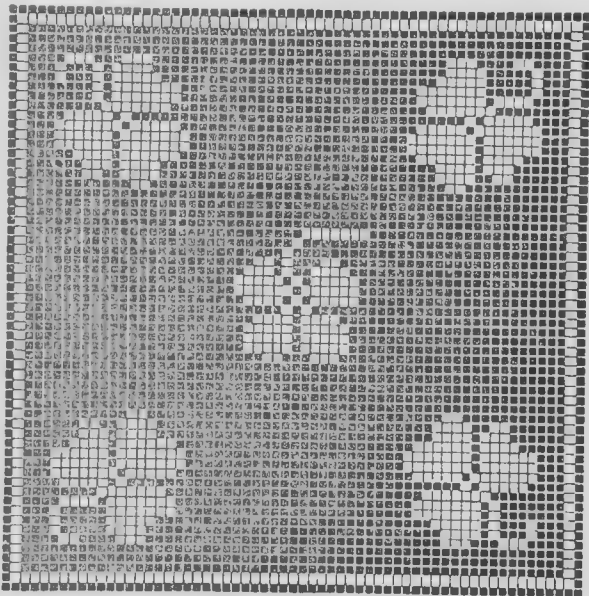
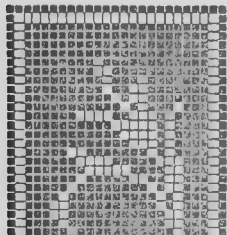
Edge

Fasten in top of tr.

1st row—Ch 3, s st in next tr, * ch 1, tr in 2d sp. Repeat from * 5 times. Ch 3 s st in 2d tr, ch 3, s st in next tr. Repeat all around.

2nd row—*Ch 2, tr over tr. Repeat from * 5 times. Ch 2, 1 dc overcenters st. Repeat

3rd row—*Ch 5, 1 s st in next sp. Repeat from *.



DIRECTIONS FOR CLOVER-LEAF CORNER IN DRESSER-COVER

Materials—Mercer-Crochet, No. 80. Ch. 74.

1st 4 rows—Each 23 sp, then follow design. After the 25th row, add a ch of 80, on which make 25 sp, then complete the design.

Edge—3 s st in each sp all around.

TO STIFFEN CROCHET BASKETS

For shaping and stiffening baskets, boxes, covers for them, or sets for the dresser, or bureau, select a box, bucket, mug, bowl, or any dish of tin, wood, granite or china, of size or shape, desired for a model, and work the designs to fit over the outside, finishing them entirely edges and all, even to the handles of baskets.

The next thing in order is a good, thick, old-fashioned boiled starch of plain family flour, with a teaspoonful of salt added to each cup of flour. All the pieces are starched very thoroughly in this, rubbing the starch in well, then they are stretched over the mould or model, care being taken to bring the design out in an even, neat way.

If the molds are rubbed with oil or paraffin the work will come off more easily after having become thoroughly dry. Put them in a sunny, airy place to dry. They will be very stiff and remain so. If desired, the finished article may be given a coat of shellac, any color, and lined or trimmed with silk or ribbon. With reasonable care such articles will last a lifetime.

BEAUTY

By Grace G. Bostwick

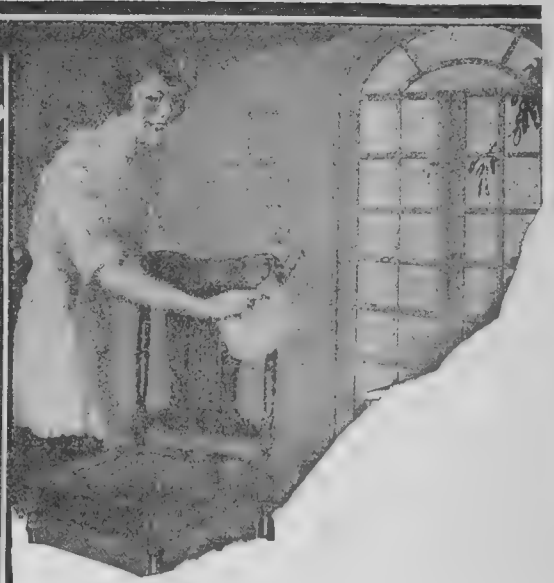
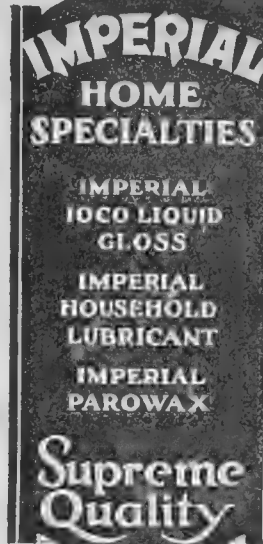
Eyes were created that man might behold the loveliness of God's handiwork.

The tiny green grass blades poking their pale noses above the rich earth; the saucy dandelion lifting its yellow face in the mockery of the giant blossom of the sun; the pink maple buds tossing out like fashion's latest ornaments; the cerulean stillness of the sky with its woolly cloudlets frisking past like lambs.

And there, the tiny, half-starved child of the slums, laboring with all its might to lift its baby brother from the gutter where he has fallen; with tenderest touch wiping the dirt from the tear-grimed cheeks and comforting the baby heart with the skill of a mother.

Who could be blind to such poignant beauty?

DON'T fail to take advantage of the very special bargains offered by D. R. DINGWALL LTD. in this issue.



Adds Lasting Lustre~

A SINGLE application of Imperial Ioco Liquid Gloss gives finest furniture, wood-work and polished floors that well-kept appearance which adds so much to the attractiveness of any home.

Imperial Ioco Liquid Gloss is quickly absorbed by paint and varnish—becomes an integral part of the finish itself and seldom needs renewal. It leaves a smooth, beautiful surface that does not catch or hold dust.

It contains no injurious acid or grit, and no water. Apply with a moistened cloth and rub dry. Use sparingly for best results. Imperial Ioco Liquid Gloss is sold in convenient sizes by hardware, furniture and department stores everywhere.

Another product that is a necessity in every home is Imperial Household Lubricant. Just a thin film of this clean mineral oil kills squeaks and prevents rust. It comes in a handy oiler, convenient to apply without waste or muss. Sold by hardware and department stores.

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Power - Heat - Light - Lubrication

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Silent Household Protection

Two-in-One Screen Door Regulator

THE WONDER INVENTION OF THE 20th CENTURY

Here's the cheapest and most effective protection against summer pests, flies, mosquitoes, etc., you can possibly secure. It keeps your screen doors snugly regulated. Closes doors instantly, with out the usual annoying and destructive bang. Children cannot leave doors open if regulated by Two-in-One screen door regulators. For real summer comfort, equip all of your screen doors with Two-in-One regulators. Last a life-time. Send two dollars to-day for trial set. If not instantly pleased, your money will be cheerfully refunded.

LIVE AGENTS Make Money and Friends: Sell direct to the householder. Send \$2.00 for demonstrating outfit, one full-sized Regulator attached to a small door. Also receive our big money-making proposition.

THE N. D. MUNN MFG. COMPANY, DRESDEN, ONT.

NEW STYLE Flower Basket

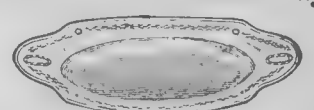


Finest quality Plated Flower Basket, beautifully finished, hand burnished and pierced. Silver-plated. Height, 11 inches **\$11.95**

All Charges Prepaid and Deliveries Guaranteed.

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Silver-Plated Bread Tray



Finest quality hand embossed and burnished silver-plated bread tray, beautifully finished **\$8.95**

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Louise Glaum, the Famous Actress, Says "Show Me a Homely Girl or Woman and I'll Show You a Neglected Complexion"



LOUISE GLAUM

With a Soft, Peach-Like Velvety Skin
Every Woman Would Be Attractive.
Nothing So Good for the Skin as
Ordinary Oatmeal.

New York—"The girl or woman who is passed by without a glance of admiration has only herself to blame," says Louise Glaum, the beautiful actress now starring in the J. Parker Reed, Jr. productions. Through following the simple combination given below it is now possible for every girl and woman to have an attractive, rosy-white, beautiful complexion, free from freckles, wrinkles, blackheads, pimples, coarse or large pores, tan, dark skin, sallowness or roughness. A few minutes night and morning is all the time required. Just follow the advice of Louise Glaum and the wonderful effect of this simple combination will please and surprise you. This method may be used without the least fear of harmful results and will not produce or stimulate a growth of hair. Here is the formula: Go to any grocery store and get 10 cents worth of oatmeal and from any drug store a bottle of Derwillo. Then cleanse your skin with a good cold cream (Liska Cold Cream I have found to be the best). Put a little of the oatmeal in a bag made of cheese cloth, drop on or into the bag ten to twenty drops of Derwillo and use this the same as you would a wash cloth. Use in combination regularly. A large number of the leading actresses of this country now use Derwillo in preference to all other beautifiers. Derwillo contains no bismuth, plaster paris, pearl white, or other dangerous drugs, which dry out the skin and clog the pores, thus preventing them from doing the work nature intended them to do. It is prepared

under scientific, sterilized sanitary conditions by an expert who has had years of experience in manufacturing beauty products. Measured by results you get more for your money by using Derwillo than any other beautifier. Oatmeal when used with Derwillo has an astonishing effect. It softens, cleanses and makes strong healthy skin tissues. It brings back to the skin that youthful peach-like coloring every normal woman craves. Now that short sleeves are in vogue you will want beautiful hands and arms. There is nothing like oatmeal and Derwillo for this purpose. A few weeks' use of this combination and your friends will comment favorably on your improved appearance. Those who look old are those with a haggard, loose, wrinkled, muddy skin. Miss Louise Glaum follows this method herself and recommends it to her most intimate friends who are just as enthusiastic over it as she is. You can well afford to devote a few minutes each day to the care of your skin and if you do you will soon notice a wonderful improvement in your appearance. Just try it once and note the difference. Its use will make you look ten years younger.

NOTE—When asked about Derwillo one of our leading druggists said: "It is truly a wonderful beautifier, away ahead of anything we have ever sold before. We are authorized by the manufacturers to refund the money of anyone who is dissatisfied. This guarantee would not be possible unless the product possessed unusual merit." It is sold in this city under a money-back guarantee by all department stores and all druggists.

THE WHITE OWL DRUG STORE, LTD.,
Winnipeg, Manitoba, will fill all orders by mail.

Correspondence

FROM FLOWERY ENGLAND

Dear Editor and Readers—You all gave me such a warm welcome last time that it is a pleasure to come again.

I suppose you are very busy just now plowing your fields and getting the seed in. I do hope you all have splendid crops this year.

England looks very beautiful now, the flowers are all in bloom, the trees in leaf and the fields are so green. I know Canada is much vaster and more splendid than our little island, but I don't think you have such pretty scenery as we have.

A few weeks ago I was on the shore when I saw such a huge steamer going down the Mersey. I think it was the Empress of Britain, anyway, I was told it was packed with emigrants for Canada. I wonder how they are getting on. If any of them are amongst the readers of this page, good luck to you.

Thank you, Mountain Fille and Light of the Morning. Won't you write to me. I am wanting letters especially those from the opposite sex who left my native country, Scotland.

Will you spare me another wee space for a piece of poetry which I think is appropriate for the time of the year.

OUR SOWING

We sow for two worlds day by day,
Two harvests for our reaping;
One near at hand one far away,
Of joy or bitter weeping.
But sweetly is the message told,
The good seed of our casting,
Yields in this world a hundred fold
The next—life everlasting.

We sow for two worlds, not for one,
The wrongs we do and cherish,
Beneath the stars, beyond the sun,
Will never, never perish.
But good seed cast into the mould,
Preserved from blight of blasting,
Yields in this world a hundred fold
The next—life everlasting.

We sow for two worlds here and there,
Through seen and unseen ranges,
For hate its fateful harvest bears,
Unchanged through all life's changes
And love in deed or language told,
Its ripened seed recasting,
Yields in this world a hundred fold
The next—life everlasting.

Barbara.

FOUND A REAL FRIEND

Dear Editor and Readers—About a year ago, I wrote you a letter and through that letter gained the dearest girl friend I may ever hope to have. She saw my letter in your magazine and wrote to me and we have been corresponding regularly since then. We have each other's pictures and some day we hope we shall meet.

When I last wrote you I was standing on the brink of the commercial world, now I am a part of it. I have had three different positions as a stenographer, each one better than the last. I had to take a government examination to get this frightfully interesting job in the Forest Branch, but as it entitles me to a

position in the government if one is available at any time, it was really worth it. The fire season has just commenced, and I am finding it thrilling to know about all the fires that formerly I just read about in the papers.

I have been swimming already, to name the exact date, the 21st of May. That is early for this part of the world.

Quite a number of your contributors to the Correspondence Columns are bachelors, aren't they? I can now with a full heart give them my sympathy. "Boys, isn't it just awful to come home from work to light the fire and try to get something to eat and that you really feel like eating, especially when you're dead tired, and then those dishes. You see my family is travelling in the East and it is awfully hard to be a stenographer and a housekeeper at the same time.

Yours in despair,

Uno Hoo.

LAND OF SUNSHINE

Dear Editor—May I enter your friendly circle. I only came from Scotland a few months ago, and after reading your very interesting paper I just thought that you might be able to introduce me to a few Canadian correspondents.

I love getting letters, but as they take such a long time to come from home, I get so lonesome waiting.

I like this wonderful land of sunshine and snow, and would like to hear more about it if I can't see it all. Would like to correspond with some of the opposite sex who does not mind writing to an old maid? between 20 and 30. I will exchange snapshots of the country around.

Wishing your paper every success,
A Scottish Bluebell.

ROOM FOR MEN

Dear Editor and Readers—Here comes a real Saskatchewanite to join your circle. I sure think it fun to read the Correspondence Page.

I have always lived in Saskatchewan. My home is on a very pretty farm in the southern part, and I say the same as Bashful Eighteen, you don't know what you are missing when you don't skate, dance or drive a car.

As for Flap Jack Farmer wanting a few suggestions on cracking nuts, I might suggest in your case that if you wish to make an ideal husband, you should get the railroad and market first, so as to have things comfy for the wife. You say there is room for a carload of the fair sex up there. Well I'll say there is room for two carloads of nice men or boys down in these parts, and what's more there are a number of nice girls down here who might assist you in cracking that nut.

Brown Eyes and Optimist are both farmers. The farm is sure the place to live, especially in summer. If Blue Jay, has any negatives of scenery I'd like to exchange with her as I also have a 2A Brownie.

My letter is getting lengthy so I must close. I will enjoy a letter from any of the members and will sure answer it. I will leave my address with the Editor.

June.



18

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how good coffee can be,
Gold Standard
"The-Chaffless-Coffee"
The Codville Co. Limited.

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NO JOKE TO BE DEAF

—Every Deaf Person Knows That I make myself hear, after being deaf for 25 years, with these Artificial Ear Drums. I wear them day and night. They are perfectly comfortable. No one sees them. Write me and I will tell you a true story, how I got deaf and how I make you hear. Address
GEO. P. WAY, Artificial Ear Drum Co. (Incl. 21 Adelaide St., Detroit, Mich.)



A Complexion That Will Not Rub Off

A complexion more daintily shaded, more beautifully tinted, than the most adept user of cosmetics could secure, results from the use of Blush of Roses.

Blush Of Roses

neither a powder, paint or rouge. Restores the natural tints to complexion. Removes all shine, blemishes, etc. Leaves the skin with dainty coloring and velvety softness.

For trial, a full sized \$1.00 bottle sent for 75c.

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Talcum
Is so soothing and cooling for baby's tender skin after a bath with Cuticura Soap.

Soap 25c. Ointment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, 344 St. Paul St., W., Montreal. Cuticura Soap shaves without mug.



Children's Cosy Corner

Conducted by Bobby Burke

SOMETHING TO REMEMBER

Our to-days and yesterdays
Are the blocks with which we build.
—Longfellow.

FOUR LEAF CLOVER

I know a place where the sun is like gold,
And the cherry blooms burst with snow,
And down underneath is the loveliest nook,
Where the four-leaf clovers grow.

One leaf is for hope, and one is for faith,
And one is for love you know;
And God put another in for luck—
If you search, you will find where they grow.

But you must have hope, and you must have faith,
You must love and be strong—and so—
If you work, if you wait, you will find the place
Where the four leaf clovers grow.
—Ella Higginson.

SOMETHING FOR GIRLS TO MAKE

A DELICIOUS SALAD

What is so good to eat at lunch or tea time these hot days as a cool green crisp salad? And, besides being nice to eat, it is so good for you! Most of the things that you need to keep you well are contained in a salad. When you eat lettuce you are really eating canned rain and sunshine and health. Here are some simple salads any girl

can make. There are a few general rules that should be followed in the making of all salads: Always cut your lettuce at least half an hour before you use it. Then wash it carefully in the coldest water you can get, shake it and place it in a cloth on the ice, or in a cool cellar. Now arrange your lettuce artistically in a bowl or flat deep dish. The arranging of salads is as much an artistic triumph as making a centre piece. If the salad is to be made of left-over vegetables, cut all the large pieces into half-inch cubes, toss them altogether lightly, and place in the nest of lettuce leaves, sprinkle lettuce and filling with salt and add your salad dressing. If you are using fresh vegetables, cut the tomatoes in sections (a large one may be cut in eight), lay these in a star shape on the lettuce, place thin slices of cucumber between, sprinkle with salt and add dressing. Decorate with radish "roses," and the tiny crinkly leaves of lettuce, or cress, parsley or nasturtium flower. A fruit salad of oranges and bananas, pine-

(Continued on page 24)

Mantles That Last



And Give Better Light

Reinforced base on every Coleman mantle. Stands up under rough usage. Outlasts all others. Gives the most light. Made in our own factory by special patented process. Price per box, \$1.50 net. If your dealer can't supply you order from us direct. Write to Coleman Lamp Co., Ltd., 933 Coleman Building TORONTO - CANADA



Beautiful Bud Vase

Finest quality pierced silver-plated stand, with etched glass vase. Height 6 1/2 inches \$2.95

All Charges Prepaid and Deliveries Guaranteed

DR. Dingwall
WINNIPEG, MAN. LIMITED

Goddard's Plate Powder

For polishing Silver

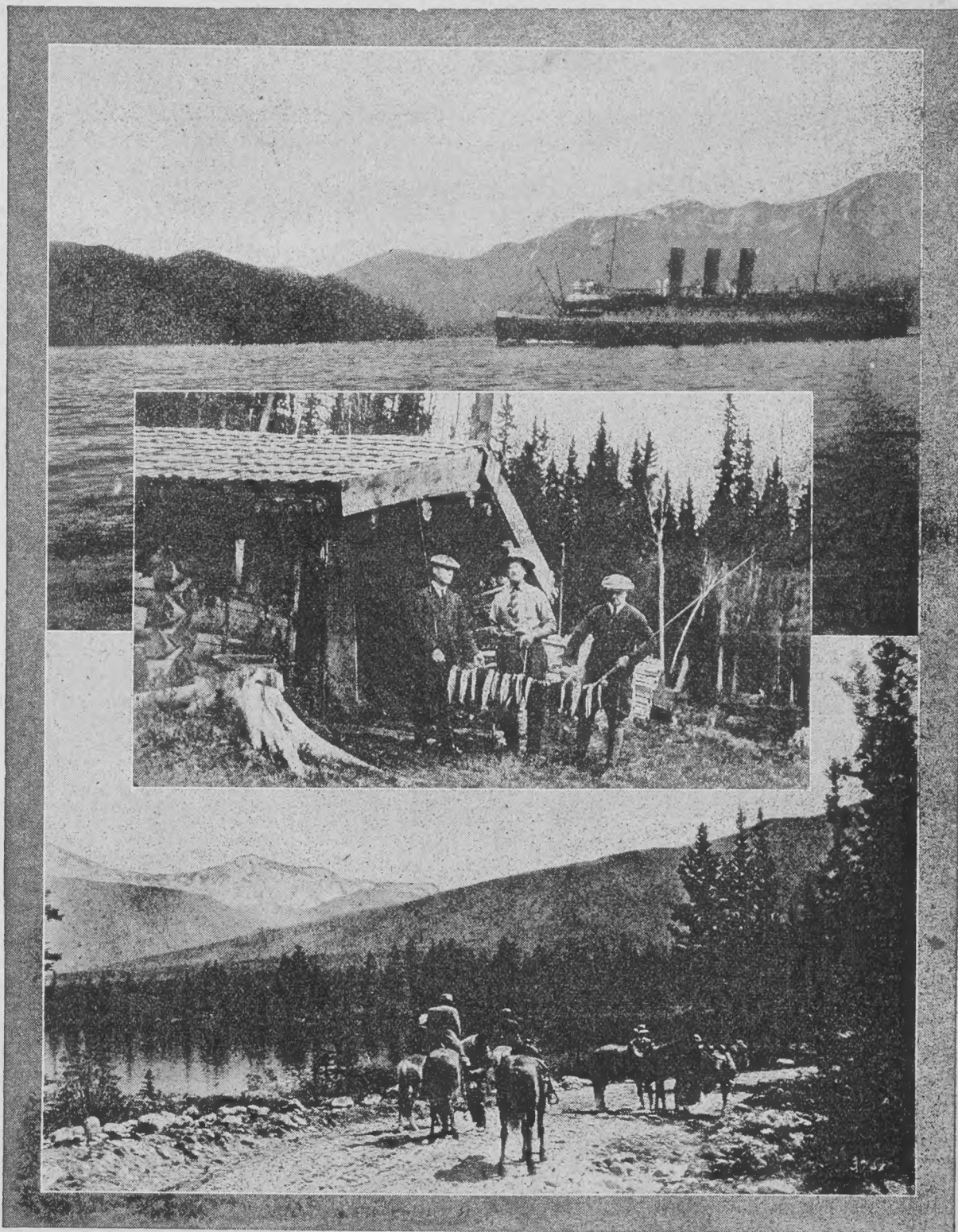


Sold in boxes—25 cents.
Sample on receipt of 5 cents, in stamps
From F. L. BENEDICT & CO.
45 St. Alexander Street, Montreal.

WARNING

Several fraudulent agents are at the present time operating in the Western provinces. Subscribers, before paying money to canvassers, should satisfy themselves that the agents are fully authorized to accept orders.

Western Home Monthly
WINNIPEG, MAN.



PACIFIC COAST TOURS

The majesty and beauty of the mountain scenery in the Canadian Rockies, through Jasper and Mount Robson Parks, and on to the Pacific Coast, have left indelible impressions on thousands of tourists from all parts of the world. No less a personage than the Duke of Devonshire, on his recent trip over this route, commented "we have today travelled through the most glorious scenery it has ever been my privilege to witness". The triangle tour, travelling to the Coast direct by rail to Vancouver, returning via Grand Trunk Pacific steamships and the Prince Rupert route, or vice versa, furnishes the finest scenic tour in America.
Upper—G. T. P. S. S. Prince Rupert in the Inside Passage.
Centre—Trout fishing near Prince George B. C.
Lower—Sir Arthur Conan Doyle and party on the road to Maligne Canyon, Jasper Park.



When Baby Comes

WHAT a joy to mother's heart when baby comes! What a relief after months of anxiety and nerve strain!

Mother is happy and expects soon to be strong and well again.

But frequently reaction sets in, and when the excitement is over she is left weak and limp and does not seem to build up the way she should.

Fortunate the mother who has at hand the kindly nurse or attentive friend to tell her how Dr. Chase's Nerve Food will help her at this critical time.

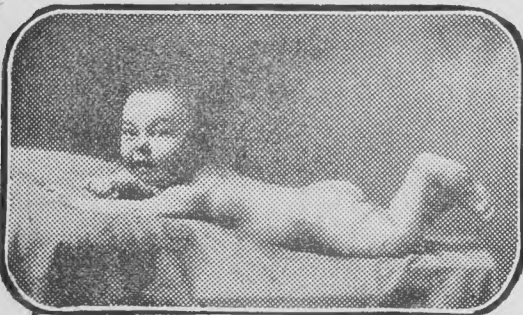
Now more than ever the mother requires the assistance of a blood-forming, tissue-building, nerve-invigorating treatment, and these requirements are admirably met by

Dr. Chase's Nerve Food.

Mrs. Wm. Woods, Coldwater, Ont., writes: "After the birth of my baby I was run down, nervous and could not eat or sleep, jumping at the least noise. Dr. Chase's Nerve Food built me up and made me strong and well again."

Mrs. David Logan, Thorburn, N.S., writes: "A friend of mine whom I went to see after baby was born told me she used Dr. Chase's Nerve Food all through the expectant period and attributed her good condition and splendid baby to its use."

Dr. Chase's Nerve Food, 50 cents a box. All dealers, or Edmanson, Bates & Co., Ltd., Toronto. Look for portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on the box you buy.



**"VIROL
rallied
him"**

BABY JOHNSON.

140, Raglan Avenue, Toronto,
May 13th, 1920.

Dear Sirs,

This is just a word to express our appreciation of the virtues of Virol as a food for babies. Just after our little son was born, his natural supply of food having failed, he developed a bad case of diarrhoea, losing weight rapidly. He went down from 9½ pounds to less than 6 pounds. Virol was the food that rallied and sustained him. We have since been giving him Virol, and now at the age of seven months he weighs nearly 20 pounds. His flesh is firm, his skin is clear, and he is healthy in every way.

Yours sincerely (Sgd.) CHAUNCEY E. JOHNSON,
(Sgd.) (Mrs.) PEARL F. JOHNSON.

VIROL

S.H.B.

Sole Importers: BOVRIL, Ltd., 27, St. Peter's St., Montreal.

CLASSIFIED DEPARTMENT

If you want to buy or sell anything in the line of Poultry, Farm Property, Farm Machinery, or if you want Help or Employment, remember that the Classified Advertisement Columns of The Western Home Monthly are always ready to help you accomplish your object.
Cost 5c. word. Minimum 75c. Cash with order.

(Continued from page 23)

apple and bananas, strawberries, pineapple and peaches, or any combination you fancy, may be garnished with nasturtium leaves and blossoms or rose petals. These are just suggestions; you may work out many ideas from these. If you use a cooked dressing you may sprinkle paprika on the top. This is a pretty finish.

NOISE

The development of machinery has produced many new noises in the world. Few of them are agreeable. Among all the marvels of modern manufacturing and modern transportation there is nothing so wonderful as the patient submissiveness with which the human organism endures nerve-racking noises, either continuous or occasional.

In view of this defect in a civilization that rests largely on machinery, it is perhaps fortunate that the ear is generally the last organ to be educated in man except one. The last is of course the voice. A great many persons who have proper standards of neatness, morality and public spirit seem to be entirely without aural discrimination. Not all of them live in the vicinity of boiler factories, or close to railroad-tracks. When their homes are in quiet neighborhoods they are most annoying to their more sensitive neighbors. They scream at their children, and their children scream at them. Their young slam doors, whistle and stamp about the house, yell for one another along the street, and pause to listen entranced when they hear coal sliding down a galvanized iron chute. They encourage their dog to bark; they do not play the piano, they "bang the box." These juvenile eccentricities go unchidden by their parents, yet a stain on a dress, a hole in a stocking, or an unbrushed cowlick will provoke in those same parents a considerable degree of indignation.

Children are by nature noisy at times; but they can be taught to pitch their noise in a not unpleasant key.

The elimination of unnecessary and disagreeable noise ought to be a matter of good housekeeping. In cities it should be a matter of municipal housekeeping. City noises mean human wear and tear; motives of economy as well as humanity call for their control and, when possible, their suppression. Punctuality in appearing at the daily task should be insured by some less barbarous device than the factory whistle; and the factory that can minimize the noise nuisance as well as the smoke nuisance will earn the gratitude of its employees and of the neighborhood. Cobblestones for pavements are not appropriate to an age that requires the frequent hauling of structural iron through the streets. Surface trolley-cars in congested districts will soon be obsolete—for their clangor as well as for their clumsiness. Automobiles equipped with horns that startle rather than warn, and motor boats that have no mufflers ought to be confiscated. And communities that think a visit from a distinguished man calls for a loud, long and expensive cannonade are in need of education.

A DREAM

By Beulah Vick Bickley

An angel winged to stricken earth
And bore me swiftly high;
But though I saw Heaven's golden
streets,
I did not want to die!

I begged for tree-lined streets I knew,
For soft unfurling grass,
The tender whisper of new buds
Heard near the garden pass.

I wanted highways grown rose-wild,
The mating notes of June—
I begged for Home, for Love and Life,
For hearts with mine in tune!

I woke relieved to find on earth
Long, tree-lined streets near by,
And wide gold ribbons of the sun
Spilled from a soft spring sky!

\$1.25 BARGAIN! \$1.25

A 14k solid gold lever self-filling fountain pen. This would make an ideal present for birthdays or graduates; would please the school child immensely. Money back guarantee. THE DECOLIGNY CO., 238 N. 64th STREET, PHILADELPHIA, PA.

Classified Department

HONEY FOR SALE

HONEY FOR SALE—Clover, \$15; Fruit bloom and Clover, \$12. Buckwheat, \$10 for 60 pounds. F. K. Krouse, Guelph, Ont. t.f.

HELP WANTED.

WANTED—WOMEN. Become Dress Designers. \$35 week. Learn while earning. Sample Lessons Free. Franklin Institute, Dept. P, Rochester, N.Y. 8-21

MEN—WOMEN OVER 17. Get Canadian Government Positions. Big pay. Steady work. Quick raise. Write immediately for free list positions. Franklin Institute, Dept. N, Rochester, N.Y. 8-21

EARN \$10 DAY gathering Ferns, Barks, Roots and Herbs from the fields and roadside. We teach you. Free Book. Botanical, 493 West Haven, Conn. 8-21

DETECTIVES EARN BIG MONEY. Great demand. Travel. Experience unnecessary. Write Dept. 38, American Detective System, 1966 Broadway, N.Y. 9-21

STAMMERING

ST-STU-T-T-TERING and Stammering cured at home. Instructive booklet free. Walter McDonnell, 109 Potomac Bank Building, Washington, D.C. 2-22

FRUIT AND FARM LANDS

PECAN and Orange Orchards on the Gulf. Easy terms. Big quick returns. Dept. Z, Suburban Acres Co., Ocean Springs, Miss.

WANTED TO HEAR from party having farm for sale. Give particulars and lowest price. John J. Black, 14th Street, Chippewa Falls, Wisconsin. 8-21

CALIFORNIA IMPROVED FARMS—Near Sacramento for sale. Easy terms. Write for list. E. R. Waite, Shawnee, Oklahoma. 8-21

WANTED—to hear from owner of good farm for sale. State cash price, full particulars. D. F. Bush, Minneapolis, Minn. 9-21

SHORT STORIES

EARN \$25 WEEKLY—Spare time, writing for newspapers, magazines. Experience unnecessary; details free. Press Syndicate, 966, St. Louis, Mo. 8-21

FOR SALE

CHOICE SILVER BLACK BREEDING FOXES—Instructions furnished. Colin Reid, Bothwell, Ontario, Canada. 8-22

SONG POEMS WANTED

SONG WRITERS—Have you song poems? I have best proposition. Ray Hibbeler, D163, 4040 Dickens Ave., Chicago. 9-21

WRITE THE WORDS FOR A SONG—We will compose music, secure copyright and print. Submit poems on any subject. Seton Music Company, 920 S. Michigan Ave., Room 192, Chicago, Illinois. 12-21

STAMPS

STAMPS—100 different foreign stamps, catalogue, Hinges album, 15 cts; large packet album, with war stamps, 25 cts; ask for bargain approvals; we buy stamps; large lots; for spot cash. Marks Stamp Company, Toronto, Canada. t.f.

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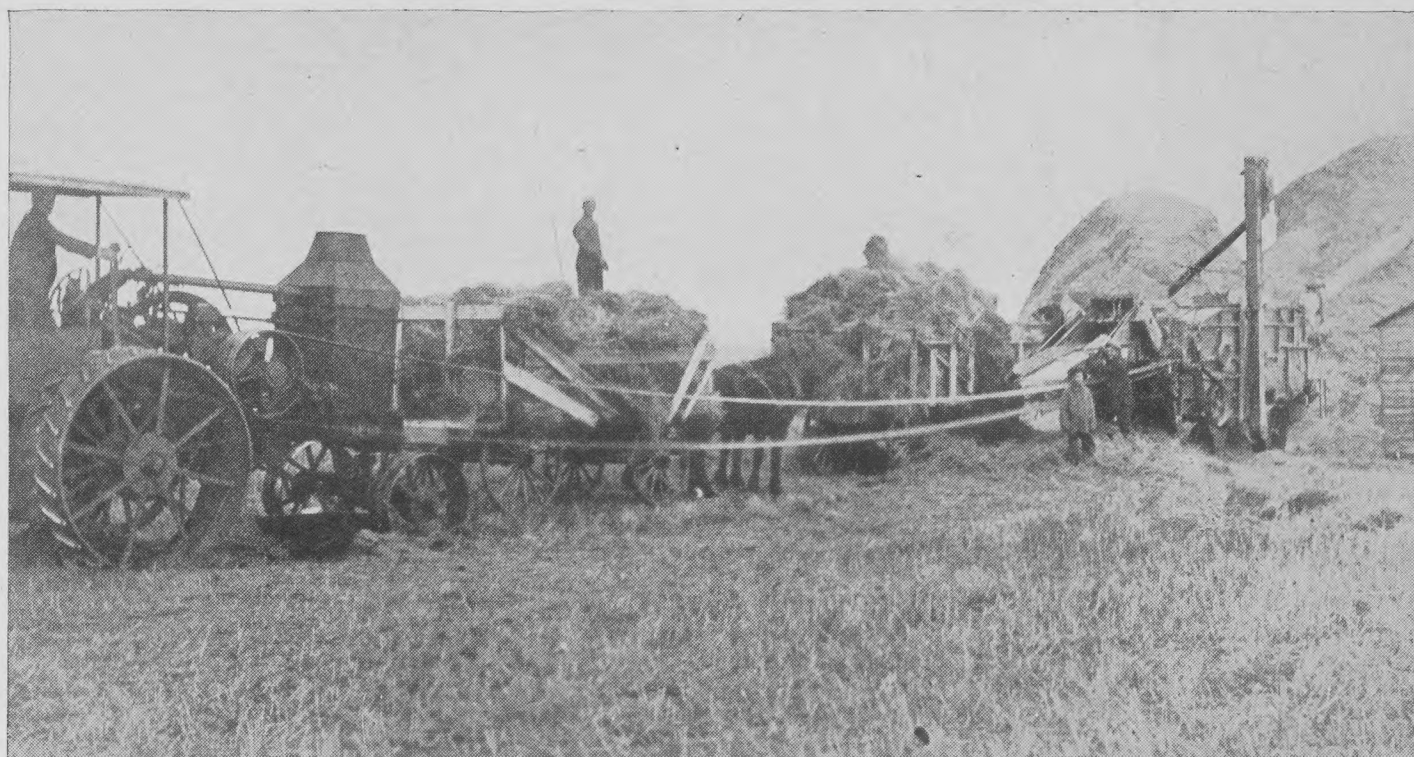
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